

LiveAFTSOV

ARCHIVE

www.TheRedArchive.com

ABOUT THIS ARCHIVE

Everything **/u/LiveAFTSOV** wrote across the subreddits TheRedArchive holds: 62 posts and 2,492 comments published between July 2017 and December 2020.

About /u/LiveAFTSOV. Most of the posts here come from **/r/TheRedPill** — 42 of 62 — with the rest in **/r/askTRP**. The 2,492 comments come mostly from there too. Between them the posts drew 15,752 upvotes; the most upvoted is “Talking With Women - Always DARE, Never DEER” (May 2018, 2,794).

About TheRedArchive. TheRedArchive is a free, public archive of the Red Pill community, built so that none of this writing can quietly disappear. It holds **1,737,861 posts** and **40,060,744 comments** from 45 subreddits and 58 blogs. Much of it survives nowhere else — the accounts deleted, the subreddits banned, the websites long offline. All of it is free to read, search and download, and always will be, at www.TheRedArchive.com.

Support the mission. This Red Pill archive is free — no paywall, no account — but keeping it online isn't. I pay for the servers, the storage and the bandwidth myself, so that this valuable knowledge stays online. If you want to support the mission and archive, become one of the people who help keep it online at www.TheRedArchive.com/#help.

Share this file freely, and keep a copy of your own. What sits on one server can be taken down; what sits on a thousand hard drives cannot.

Best regards,

[/u/dream-hunter](#)

Founder of TheRedArchive
August 17, 2026

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What Red Pill Readings should I pick up?

12 July 2017 · /r/askTRP · Archived copy · Reddit

Hey, looking to expand my red pill knowledge, here is what I have so far:

- Red Pill Hand Book ■ on my 2nd read
- Confessions of a reformed incel ■ read twice
- The story of Michael
- The manipulated man (I barely even started this one, it grew tiresome rather quickly.)
- The rational male and Rollo's blog (once again, this one just bores me. Occasionally he makes an interesting post, and I like some older work like plate theory, I prefer reading the next on my list)
- Illimatbleman's blog ■ frequently revisit the Machiavellian maxims
- 48 laws of power ■ skipped the examples and read the laws themselves and the details
- How to be a 3% man ■ read twice

All Time Posts

- how to get laid like a warlord
- every awalt story
- every story about a rich alpha dumping his bitch
- every glo post
- The Muslim prince who ruined a marriage
- so you're a boring fuck

what I know I must read

- The meditations of Marcus Aurelias
- No more Mr. Nice Guy

So that's it.

Part of me feels like I've read all there is to read, but my inquisitive side just keeps yelling "FIND MORE KNOWLEDGE."

I'm open to MOST suggestions, meaning if the book or reading is popular. I'm not interested in the unpopular books and theories of nobodies.

When presented with the choice to learn bullshido in an exclusive class of 5, or boxing, I'm going with what is proven to work.

What Is Mate Guarding? EC's come thru

13 July 2017 · /r/askTRP · Archived copy · Reddit

After reading Rollo's post and a few TRP posts I've gotten a general idea however I am still confused.

I've created a list of hypothetical situations that I thought about as i read these posts.

- A man approaches you and your girl friend and starts flirting, you tell him to fuck off?
- while you are eating dinner at a restaurant, a man comes and sits at your table and you tell him to fuck off.
- Your girlfriend says she wants to hang out with her ex boyfriend. You say what the fuck, hell no.
- Your girlfriend gives out contact information to a man in front of you while you two are hanging out. You tell her that isn't cool.

Are these mate guarding? If so, what are the correct responses?

In scenario 1 I would tell him to fuck off, and then walk away. The girl would either follow or stay.

2. I would also tell him to leave, but in this particular scenario I would threaten violence and strike him if he doesn't leave.
3. Break up
4. Break up.

my main point is that I simply do not understand or agree with the notion that a man must allow some third party stranger to intrude on his time / night out.

Like, if I'm watching a movie with one of my girls, and some jack ass decided to sit next to us and run his mouth to my girl, why do many TRP people advocate the beta male comfort path?

- Enjoy the spontaneous conversation
- Smile, nod laugh and focus on becoming friends with the new dude
- focus on talking to the new guy so your girl gets jealous
- befriend the stranger to demonstrate extreme social proof man!!!1111

This is all ACTUAL advice I've read on TRP!!!

That shit is GAY!

I cannot imagine a cave man who has a cave woman to sit around and make idle chit chat with another cave man who clearly intends to fuck her.

I'd much rather tell the guy to piss off and be done with it.

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UPVOTES

Red Pill Philosophy - Compared to Star Wars (neoreactionsafe wya)

14 July 2017 · /r/askTRP · Archived copy · Reddit

Edit : in case GLO comes around here I'm not trying to be/emulate Darth Vader or Luke Skywalker I'm analyzing the philosophies of the political entities within the movies and comparing it to the red pills advication of 666 / 777 paths.

Simply put:

The red pill advocates the 777 middle path.

This must mean 777 = gray jedi. Who seek balance in the force (life energy)

666 = sith. Who seek power and domination through the force (life energy.)

555 = Jedi who seek peace and honesty through the force (life energy).

I have read the codes of all 3.

The gray jedi code makes sense from a logical perspective, however I simply do not identify it.

I could preach about being balanced and all that jazz but if I'm being truthful to myself here I'm a ruthless person who will do anything to win.

I personally identify with the Sith code.

I tried the whole "when interacting with others , see how you can make THEM feel good" and it was gay.

I now simply talk when I feel like it without regard to what the other feels.

I went from being the 'friendly' guy that everyone **liked**

To the honest guy, who some **love** and others **hate**

Edit : I believe the last step in this evolution of communication styles would be able to balance both brutal honesty and friendliness to become someone everyone respects

I'm curious about others opinions on this, mainly because many EC's advocate the middle (777) [gray] path, but I simply do not identify with it.

I enjoy the decline , am immoral , and like to win above all costs.

Edit: 2nd question popped into my mind. Why does 777 defeat 666? This does not make sense to me as it stands.

1
UPVOTE

Would it be wise to ask my plates why their attracted to me?

18 July 2017 · /r/askTRP · Archived copy · Reddit

Hello. I'm relatively successful in the market place.

I'm 19, 5'10 and weigh 161 lb. Working on bulking.

My females don't know shit me, so I wanna know what my SM strengths are so I can capitalize on them.

Prologue

Hello.

I first stumbled upon the red pill because I wanted to know how to get my Ex back. I had no trouble with getting and fucking woman, but... "there's this one girl!!!"

Long story short, I read the side bar and opened my eyes to the real nature of sexual relations.

Then I started getting into fitness...

I did good on my own, I gained many pounds in a year, but wasn't good like I wanted.

Then I started searching for "life coaches" and whatever, to try and help me cultivate a healthier mind state.

Then I found GLO, the elitist asshole who happens to know exactly what he was talking about without sugar coating it - just what I needed.

Too many fitness coaches have held my hand as I struggled on a rep, and telling me "Good job!!!" When I failed.

I had enough of the bullshit.

Conversations

GLO has a douche big brother vibe, in the sense that he knows you can do better, but he challenges if you REALLY want it.

"You don't want that body bro, you wanna be FAT"

"You don't want those girls man, you wanna be INCEL"

"You don't want friends dude, you wanna be a LOANER"

These simple sayings triggered something in my mind, just "NO I DO NOT."

And needless to say, he has helped me dramatically clean up my diet and is steadily helping me improve my mentality and outlook on life.

I believe some people are in the right direction, but just need a push. I am one of those people.

Revelations

The red pill is a Sun. You know the sun is there. You feel the sun's warmth. You use the sun to dry your clothes, and you miss it when it's gone, but you never stare directly at the sun.

In layman's terms, it is easy to become obsessed and cynical about The Red Pill, so much so that you become some kind of wanna be necromancer living in a cave philosophizing the perfect way to manipulate women while simultaneously hating them.

We have lives to live, stop obsessing over nonsense - especially when it is toxic to your mental health.

There is nothing more neurotic than going around with a chip on your shoulder about women because you read 1000 stories of beta bux getting fucked.

Life is a big bull shit show. You have to sell your own bullshit.

In reality these are just lines on an electric monitor being typed by a water sack with a little blood and bones in

between and fuzz on top.

Life really is fucking non-sensical, and the reason anything exists is because people want to make sense of things.

But people are not rational. They are emotional. This is why living from a rational mindstate is powerful.

Communicate to peoples emotions and you will own them, make them, and break them.

Conclusions

While I have yet to see the results of his work out advice (I have yet to start it) I can certainly vouch that GLO knows how to help people think from a better stand point, and knows how to point out flaws.

He's cool

P.S. Is his name a reference to the whole "Testosterone smuggled in gay lube oil bottles" scandal? Cus thats funny

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UPVOTE

My Plate used to want MFF threesomes with me, but now she doesnt. Why, & how do I get them back?

15 August 2017 · /r/askTRP · Archived copy · Reddit

So I have had a steady plate for about 3 months now. We spend alot of time together, sex and fun.

When we were first plating, she was open to me bringing other girls and having threesomes.

Now, when I bring it up she gets really resentful, upset, and says things like "I dont care about your other hoes. I dont wanna think about you fucking other girls. I dont want to share you."

Here's the kicker, read this on a past TRP post: "I used to do threesomes with you because I was fond of you, but now I actually like you."

Background: She's been in a MMF threesome (not me), tag team gang bang, (not me), and MFF threesome (with me)

Why doesnt she want to have MFF threesomes with me, and how do I get them back?

Nothing in my behavior, lifting, hobbies, has changed, just time.

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UPVOTES

Genetics & Free Will - Is our destiny ours to direct? An Analysis Of Self

18 August 2017 · /r/TheRedPill · Archived copy · Reddit

Prologue

I write this essay as I enjoy the staple of my culture's cuisine: white rice, black beans, and meat with potatoes, or *Arroz y Feijao con carne* in my mother tongue.

This is not a how to get pussy post.

This is not a "10 steps to become alpha male" post.

This is an anecdotal, theoretical post.

This is an abstract insight for one to perhaps understand their own motives, and perhaps how to change them if need be, yet honestly, this post will probably raise more questions than it answers.

I imagine this reading will be uninteresting to those not concerned with comprehending (or at the very least, theorizing about) why one does what they do, and why one has certain interests and affinities for certain activities, so I'll go ahead and throw the TLDR here for you now:

da blakc peepo have the biggest muscle for fighting lion, da white peepo have da small dick cus it shrivels in the cold

Intro To Manipulation Of Personality

How many of you have heard the saying: *"It's in our genes."*

It's safe to say that individuals have genetic dispositions and inherent talents based upon their ancestral history.

It is also safe to say that our instinctual directive (*eat sleep fuck*) dominates the minds (and therefore bodies) of a majority of people on Earth.

Yet, we also see that society and propaganda is able to easily hypnotize people to toss out their instinctual directive in favor of numbing existence.

How is possible that propaganda is so powerful, it can rewrite what an ancestral lineage has been manifesting for generations?

Perhaps it's that mere exposure can cause someone to hook onto a belief (or ideology) and accept that as reality, for it was the first thing they were exposed to. So when a baby out of the womb cries and sees two men kissing on TV with a crowd cheering them, and another malformed man with a stubble, long purple colored hair, makeup and wet baseball breasts dances around all happy, that baby is **anchored** to the idea that such subjects are *nature*.

Why is it possible for external influences to alter a person so drastically, that a man could be convinced that he is actually a women?

And, is it possible, that through employing these manipulative tactics, we can shape ourselves to be whatever person it is we want to become?

This is where this essay presents two sides of a coin

The Fork In The Road

There are two theories present:

- That a human being has the capacity ability to mold themselves and others into *whatever* being they wish to become, through manipulative, hypnotic, subliminal tactics, with no limits other than one's own imagination.

Or,

- That a human being has *only* the capacity to erase, disrupt, and cleanse any foreign thoughts, ideologies, beliefs, patterns, through similar subliminal tactics, after which they can allow themselves to be their **true selves**, the human being that their genetic lineage had intended them to be.

Lets take a look at my family history, and that of my own history and hobbies, or I see them, my genetic dispositions.

A look into Lisboa

I did my best with investigating the prominent males of my family. Some have entire books dedicated to their accolades, others only have their names to live on.

This is a history of the Surname I share with others from the Capital of Portugal, Lisbon, some of whom I happen to share family relation to.

According to The Historical Research Center and many of my elder ancestors, the first official and prominent recording of the last name Lisboa, was **Antonio De Lisboa**, who in short, was an Augustinian priest turned saint when canonized by pope Gregory IX. He was known for being a **mystic, ascetic, and orator**.

Next we have **Marcos Lisboa**, who was a Bishop of the Franciscan order, and whom also I must make the educated guess was an **orator and mystic**.

Additionally there was **Joao Francisco Lisboa**, whom was an **intellectual, political orator, historian, writer and journalist**.

Other Noteable Lisboas are Fernao Lisboa, a **painter** and Jose Do Sacramento Lisboa, a **Philosopher**.

Finally, there is my own Father, who unlike his father an mother, whom were devout church goers, suddenly took a turn and became a professional soccer player.

How does this make any sense?

At what instance can a genetic lineage suddenly switch from spawning Artists, Intellectual Orators and Mystic gurus, to one of the best professional Soccer Players of the Best club in Brasil? (He played for Botofogo for 2 years before a leg injury took him out. I have pictures of him on being interviewed by journalists, all his trophies, his budweiser sponsorship, the works.)

At what point can an individual break the cycle of their own genetic outline?

A look at Me

Despite my Father's Athleticism, I grew up with an interest in arts. **Painting and Orating**, just like my **ancestors**.

Perhaps this is due to my father growing up in Rio, while I grew up in the United States. ^Anecdotal Evidence of environment effecting development.

As much as my father tried to push me to be a great soccer player like he was, I was **forced** by my genetic lineage into my passion of arts, yet there was one differential factor, than my ancestors, including my father:

My love of combat sports.

Since I was a young child, I was enthralled by video games where you played as a soldier, like Medal of Honor and Freedom fighters. I enacted what I saw in these games with my toy soldiers and friends, where we would play with toy guns. That interest grew into paintball, airsoft, then eventually real firearms, with an intention to join the military.

What is the phenomena where a family history of scientists suddenly gives birth to a banker? When soldiers suddenly give birth to a gay boy? When Mathematicians suddenly give birth to a simpleton?

Knowing that this phenomena exists, how can we leverage this evidence of free will in combination to our natural talents, as passed down by our ancestors?

So now comes the Fork in the road.

- Was my father strong minded enough to say "No" to the history of our family, ignore the oratory and religious pursuits, and instead live his dream of being a soccer player for the best club in Brasil? And can I also say no to my genetic disposition, and pursue my childhood dream of being a combative soldier?

OR

- Are these war games simply just noise that influenced a young, malleable mind into believing that it has an urge to fight in the horrors of combat, thus distracting genes from its true calling of orating and mysticism, and was my fathers love of soccer and athleticism merely a distraction from his genetic disposition, as evidenced by his career ending injury?

OR

- Was it simply "In his genes" to be an athlete, just as it was simply "in my genes" to be a soldier?

Only time will tell.

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UPVOTES

I think my girl wants to manipulate me into building a love shed

22 August 2017 · /r/askTRP · Archived copy · Reddit

So this chick always gives me sex, buys me food, buys me presents, pays for my gas, buys me uber rides

She's basically my sugar momma.

Then we were in my house and my parents threw us out (I'm 19)

I spent the night at her house, and then went to work.

At work I got 18 paragraph text messages about how she loves me, loves sex with me, and how we should turn her back yard shed into a small house for us to be alone together in

I'm pretty sure this chick is trying to use me (I'm a construction worker) for building a sex shed for her to house all of her other boy toys and whore toys cus she is probably a slut.

Anyways , what do?

Opinions?

Edit : extra info - she always sends me these texts there not out of the ordinary (unless it was part of her master plan to always send me long sweet texts so I would get used to them and not be suspicious when she asked me to build the sex shed.)

Maybe I'm over reacting and she just wants to do a project with me.

Also, it's open on my end closed on hers, but she's probably cheating anyways so who cares

Jist don't wanna build someone else's sex shed

I'm also using the fact that I'm not doing it as leverage for my SMV cus I'm sure after I'm done building It with her my SMV will plummet

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UPVOTES

So how do I become attractive to black girls? Black Label Logic - How to become attractive to my type of women?

23 September 2017 · /r/askTRP · Archived copy · Reddit

Black Label recently made this post

So in there he talks about identifying the girls I am attracted to:

I like sleazy/demure black girls with big butts, who occasionally watch anime/play video games but are mostly active out doorsy.

Essentially, alternative black girls with big butts.

So how do I become attractive to them?

Edit: Already lift, already have hobbies, already have friends, already have options (one of them is my type!!!)

This is more of a specific question

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UPVOTES

Got Machiavellied By My MMA Coach

28 September 2017 · /r/TheRedPill · Archived copy · Reddit

[removed]

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UPVOTES

**"Our relationship is deteriorating and im trying to accept it"
demoted ltr to plate and she keeps comfort testing me. What
does it mean?**

28 September 2017 · /r/askTRP · Archived copy · Reddit

LTR lied to me about using tinder so i broke up w/her for a month then let her come back as a twice a weeeek plate.

She keeps asking me to give her "soft boyfriend love"

I keep curving saying to pay me and ill give her the boyfriend experience or just ignoring her all together

So why does she keep doing this? Are they comfort tests?

What are some possibilities to handle this, and what does she even mean?

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UPVOTES

Whats the difference between being patient and being a bitch?

29 September 2017 · /r/askTRP · Archived copy · Reddit

Long story short, I'm a construction worker and the foreman is a bipolar schitzophrenic.

One moment the dude is cracking jokes with me were roasting eachother, the next he is yelling at the top of his lungs about how I am getting in the guys way.

Sometimes, he will tell me to do a certain task, and he will get angry for me about doiing the task, or he will tell me to do one thing, and before i can he tells me to do something else, and gets mad i didnt do the first thing.

He will start screaming and throwing shit around and yelling like "I CANT DEAL WITH YOU ANYMORE. YOU AND I WILL NEVER WORK TOGETHER AGAIN."

Then after his rampage he will say "So... you coming in on monday?"

I cant help but laugh at him. Even when he is yelling i laugh cus the show he puts on is hilarious, plus i get paid to stand around doing nothing sometimes.

So when he goes on his rampages i always keep my mouth shut, i just think its the smart thing to do, then when he calms down i say things like "if you tell me to stand around ill stand around im not gonna touch the tools if youre gonna scream about it."

Other workers have fist fought him, screaming matches, i never seen those guys again tho. But someone told me "You have the the patience of a saint."

What are your opinions?

My Plate claimed she got Raped, I tell her this is good news.

29 September 2017 · /r/TheRedPill · Archived copy · Reddit

One of my OLTR's did some dumbshit, so I dropped her completely for about 3 weeks until she sent me texts from a secondary number.

I let her come over while she was sobbing and crying for me to take her back, and then I fucked her 3 times and made her a plate, zero emotional connection.

Every fucking day she'll send me atleast 5 texts about how she misses my love, my affection, how she wants me to be her boyfriend, how what we had was special, all that gay shit, and I just ignored it or laughed at her if it was in person.

Honestly, hearing her say that shit over and over got annoying and I was considering letting the plate break...

UNTIL THIS HAPPENED.

I had a meeting planned with her today, and she texts me an hour before saying:

"Hey... I had a really really bad night last night. So... please just... be nice. I can't wait to see you. But I'm more... easy to upset. Just please keep it in mind."

I of course, being a red piller man, dismissed her texts as attention seeking, until she sent this:

"I'm not angry or upset either... I just feel really... fragile"

And I shit you not, my immediate thought is "She fucked somebody else!"

Of course, she is my plate so I dont give a shit, but she said she had a bad night. Why would it be a bad night if she got laid by one of her prospects? Is she guilty about fucking when she is desperately trying to win me back?

So I investigate. Thank God for instagram stories.

- Picture 1 : Her wearing a dress in a house with the caption "I got invited over for wine 0.0"
- Picture 2 : 2 hours later from the first, "I wasn't ready"
- Picture 3 : 10 hours later it says "Why can't boys just take NO for an answer...?"

I knew immediately she was fucking someone else.

Me being the curious ape I am, I called her and asked her why she had a bad night, because she texted me about it, the conversation went like this:

Me - So, why did you have a bad night last night?

Her - I dont wanna talk about it.

Me - What, did you get too drunk or something, you party animal?

Her - *Bursts out crying*

Me - Whats wrong with you?

Her - Well, this guy, he invited me to his house to drink wine, and He would always invite me while we were dating, but I would say no cus you wouldn't like that, but last night, he invited me over for wine, **and i thought he just wanted to be my friend** I kept telling him that I dont want to have sex. But I went over to his house, and we sat on the couch together drinking wine and liquour and watching America's got talent and I dont wanna talk about it anymore!!

Me - Well, that sounds like a good night to me!

Her - No, you don't understand, after I got a little tipsy, he said we should go back to his room, and so we went and sat on his bed and we played cards, and then he got on top of me, and then I said I dont want to have sex, and then he was inside me!!! He raped me!

Me - *laughs* babe you didnt get raped, you got seduced. You got laid!!! You should be happy.

Her - NO!!! **NOOOOOO** He raped me! I KEPT SAYING I DIDNT WANT TO HAVE SEX WITH HIM!!! I WAS TAKEN ADVANTAGE OF!!

Me - You went over to drink wine. It happens you know.

Her - No I WAS TAKEN ADVANTAGE OF I SAID NO!!! *(mean while she posts about it on Instagram instead of filing a claim on him if he really DID rape her)*

Me - *chuckles, knowing the secrets of the LMR shit tests... remembering all the times I've passed them.* Babe, this is a good thing. This means that you're finally moving on. You're open to meeting guys alone one on one for wine and drinks, and your open to new romances! You shouldnt feel upset or ashamed, you should be happy!

Her - NO! You fucking asshole! Why would you say something like that!! Im coming over right now so we can talk about this in person.

Well, lessons learned:

- You can tell a girl it's good she got "raped" and still fuck them
- Girls are probably saying that you raped them when you really seduced them
- You can beat LMR
- Bitches aint shit LOL

-
- Foot note: I never get upset hearing about girls talk about how slutty they are, in fact I relish in it, I wish some girl would tell me she got gang banged in the bathroom. I believe this is because I want Red Pill theories to be proven true. Anyways stay red

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UPVOTES

Why isnt there a red pill youtube channel?

13 October 2017 · /r/askTRP · Archived copy · Reddit

Nothing like the "i hate feminism boys rule gurls drool" shit

Just a channel like ilecratus talking about side bar shit, with the animations, and the hand book, and hypergamy.

...I realized I'm an asshole.

Not in the *"Oh AFTSOV, you're suuuuch an asshole!" type of way either, I'm talking being a straight fucked up individual.

I can admit it, accept it, and to some degree, am proud of the way my mind works, even if it's unpredictable and unhealthy, and shit, some girls, just cant fucking get enough of me. I just know how to push the crazy buttons the right way. I love taking advantage of it. Me? I can't seem to get normal girls, but give me a red flagger and I'll have her licking dirt off the palm of my hand. (Inside joke, one of my girls literally eats dirt, and dog food.)

Looking back on my sexual endeavours, I see all the women I was inside of, and I wonder about why they approached me. Why they selected me.

Everyone on here on TRP preaches "yeah get 14 approaches a DAY man, this shit is a numbers game." I don't understand that. Women come to me, and I'm not even good looking. I'd say I'm a 5. I don't stand out, except for a **deranged, soulless, murderous twinkle in my eyes** that just draws women in. I also have heard I have a charming smile.

Well, it's not like pussy falls outta the sky for me or anything, but if I need some ass, it'll find its way to me.

Something else I noticed about these women, well, before I get to that, I'll describe their common clusters to you:

- A history of sexual abuse (be it molestation to full blown rape)
- A history of promiscuity, in person and online, they were cam-whores, street prostitutes, club/rave sluts, the works. The sad sexual slaves.
- An obsession with being the center of attention, with being a spot light. One of my girls was a Broadway performer. Two were models. One was a stage performer. Real bonafied attention whores.
- Bodacious asses. 1 of them had a less than attractive face. Two were average faced, the other was a cutie, but they all had amazing asses.
- A history of mental instability - suicidal behaviors, self harm scars, depression, being bullied when they were young.

So yes, they're crazies. But like I was saying, that *something else* about them, is that *they love my abuse*.

There's something seriously wrong with them.

Anytime I apologized, they would recoil, leave, get uppity, give me attitude.

Anytime I called them a whore, or slut, or stupid, out of the truth of my heart, they would DO anything to make Daddy love them again.

Whenever I sensed things (the sex) was heading down hill, or shit, even when things were good, I would tell them things like "jeez you're getting fat arent you?" Or "you kinda look a little ugly, lol." Or if I was feeling particularly lazy, I would just randomly say, "You know, I really fucking hate you." without any explanation. They would either cry, or sulk, or be pouty, but within an hour we would be having wild sex again. (Which of course, is riddled with me telling them how they are worthless fuck holes to me, leading them to flow like a ravine. Stupid women).

Me picking at their insecurities drew them closer to me. Me apologizing or showing any remorse pushed them away.

So here's a break down of what I learned from each girl, in no order, and all of these lessons hold true for all the women, what worked for one worked for the others:

C	A	D	R
Two years together	3 Weeks Together	7 Months Together	2 Years Together
As soon as I show beta tendencies, she will leave. Must be remorseless. Never cry, never promise to change, never apologize. Never become friends with her friends. Expect her to be a whore. Do not have faith in her loyalty. Her insecurities give you power. Break habits, be unpredictable.	If fighting, never apologize for hurting them. Act like she is the pussy for crying, whimpering, etc. Shut your fucking mouth. They don't want a motor mouth clown, they want a silent stone cold man.	If you strike them, do it like a pimp. Smack them or slap them in the face, look them in the eyes, call them a crazy bitch, then tell them to come here, touch them, love them, then continue doing what you were doing. Dont apologize for striking them and they wont try to get you in trouble. Calling her a whore and laughing about how she wants you to believe in the lie of her fidelity will drive her crazy and make her eager to please you. You can pimp out these women for profits. They will indirectly show you who your competition is. Catch them in an act that breaks one of your boundaries, then forever hold her in a guilt trip about her betrayal. Never let her forget that she betrayed you. They will shower you in money and treat you like a God, just show them all the ways you are superior.	Cold indifference will lead them to pour emotions into you. The more silent and stone faced you are around them, the more they crave your love, and will seek your validation. I have buckets filled with love letters and drawn pictures of these females gave to me, usually after calling them a whore.

Wrap up

I know I go against the grain when I say **I love BPD Suicidal Crazy chicks**, but hey, a man likes what he likes.

I love taking advantage of their weak minds and extracting all the sex and money I can from them. I also enjoy giving them the love they so desperately crave.

So, if you don't have what it takes to date these women, (I.E. telling them you would murder them and their family if they have your baby without your permission) this is a surefire way to get fucked over. If you have what it takes, it's amazing because

- Typically these women are hot as fuck, body face and ass.
- They appreciate any love you show to them.
- Sexual whores. You will get instant sex on command no matter where you are. I had these sluts blowing me in hotel staircases, public bathrooms, on the highway in my car, a play hall, and all I had to say was : "lets fuck you stupid slut."
- Slavery. These women do (or did) anything I asked, the moment I asked them, and provided all their money to me. I was like a parasite leeching all their money and life energy from them.
- They reward you being evil. Straight to the point, these women will help you learn what it means to not give a fuck, and help you see other beings as tools to be exploited.
- They approach you. If you hate people like me and feel like killing the people you talk to, this makes it easier because I know they talk to me cus they want my dick, so I'm in a better mood. Good for the lazy.
- Little to no drama and complete subservience. I always tell them I will be seeing other girls. If they get uppity I dump them and block them for a week until they randomly show up at my house, I tell them to come inside,

suck my dick, and that I was never mad at them and I forgive them in that order, and they never give me shit again. (The drama only happens when you REALLY wanna dump one of them, like cut them out, but that's a whole other theory post)

About the Author

Illimitable man put it best when he said, to thrive in this life, you gotta be hot, smart, or crazy. I aint too bright or burning, but I sure am a psycho. So Yeah, I'm a pretty fucked up guy, and I've done REALLY fucked up shit. But **I'm just so real about who I am and what I'm about**, and I get steady pussy from submissive girls with hot asses, without lifting a finger, and maybe one day I'll flesh out a "How to Date Broken Bitches and Suicidal Sluts" post. Still though, *I am not happy*.

This life style is not one of happiness or fulfillment. This is just one way to get non-stop access to hot looking pussy, and their financial resources.

I can say this with honesty: TRP has helped me refine my natural approach to women (treat them like dogshit or as we call it, "unapologetic selfishness") and has instilled upon me the knowledge of WHY things work, HOW to make them work, and WHAT works. Also, it taught me why I should lift. **Before After** <--- the funny thing about that is, even during my lean anorexic skelton days, I was still smashing C and R regularly, but they were on the lesser side of the cute scale. Nice asses still, but ehh faces.

The more mass I put on, the hotter my playthings became. **FUCKING LIFT**. So yeah, it's possible to get laid by cuties as a skinny fuck, but if you want hotter girls, you have to lift man. Book of Pook stuff. I can vouch for that.

Here we are at the end of what I feel to be the first chapter of my RP trip, and this just goes to show, that banging hot women regularly is not what brings you happiness. It means shit. These women are a literal toy. A plaything for my pleasure. And they like that.

But me? I'm still sad on the inside.

FIN

2

UPVOTES

Is "Red Pill Philosophy" 's Youtube Channel Associated with this Red Pill?

20 October 2017 · /r/askTRP · Archived copy · Reddit

I wanna know if [this guy's](#) youtube channel is associated with The real The Red Pill.

On his website he say's hes not, in which case I say we start a report campaign to get his channel taken down.

Summary: *Attraction is experienced at first as a binary sensation, which then evolves into the scale equivalent of an electronic thermostat, where (wo)men can go from extreme hot, to freezing cold, and everything in between.*

Body: Sex is a choice, but attraction is *not* a choice.

When a women first gazes upon a man, her heart, mind, and vagina have immediately decided in perfect unison whether the man before her is aesthetic enough to fuck her **glorious** pussy out of carnal, natural, aruarian desire. This is *the binary*. When she fee-fee's that you are indeed fuckable, she then fee-fee's you into a certain "temperature," or "attractive percentage." Fear not, for as Red Pill men, we are Pussy Technicians, and know exactly how to adjust a thermostat for proper moisture.

1. *Super hot setting, 100°C* - I just wanna tear off his clothes, touch his muscles, and feel his cock shoved down my throat.
2. *Everything in between* - Yeah, I'm open to getting fucked by this guy, lets see what he's got.
3. *Just above freezing, 1°C* - He's just so... eugh... *MAYBE* I MIGHT fuck him.
4. *Below freezing* - Yeah, no. This pussy's dry 4 u bucko!

I made a visual graph so we can better understand what I'm explaining. ²

So for example, we're gonna look at an average guy. He aint too bad looking, but nothing special. Not too autistic, but he aint charming neither.

First of all, he has to get through a woman's binary attraction screening - For the average guy, 10-20%¹ of women will never fuck him as he is now, out of desire. For the rest of the girls, he passed their binary screening, which leads us to the dimmer switch, or the scale.

Now, say for some reason, some girls like the way Joe Average's skull is shaped or some arbitrary dumbfuck reason. Whatever it is, Joe's gonna have 10-20%¹ of women throwing their asses onto his face.

For the remaining percentage of women, their feelings will be something in the range of "he's *kinda* cute," to *wow I like this guy alot!* , the *I'm open to your game* section.

If you fall within that category, congrats, you passed the most important test- the binary test.

Passing that means you are now in control of how much this girl wants to fuck you. Great game = you moving yourself further into the "I'll fuck you here and now" section.

I also included the unattractive, and attractive for comparison.

Whenever you feel that you dont wanna lift, or dont wanna game, just take a look at the graph and ask yourself who's experience of the scale you'd rather have.

Conclusions:

- Attraction is dualistic - First is whether she will fuck you or not, second is how much she wants to.
- If a women is not carnally attracted to you, she will never fuck you out of pure desire. Some girls will just never fuck you bro.

- If a woman decides you're fuckable, it's up to you to control her feelings in regards to how much she wants to fuck you.
 - Hot guys still get rejected. Ugly guys still get laid.
 - You can start yourself in the "I'll fuck you here and now" side of the scale, but autist yourself all the way to "I'll never fuck you."
 - This is what it looks like in a woman's mind:
 - Ew, No, I wouldn't fuck him - Failed binary screening.
 - Yeah, I'd fuck him... - Passed binary screening, onto the scale.
 - But I wouldn't be too excited about it ---all the way to--- So bring that cock over here right now!
-

Further Reading:

- [Managing Your Bitches Through The Harem Totem Pole - By HumanSockPuppet](#) You should read this cus 1.) it's on the side bar, 2.) HSP provides an in-depth look into how men experience the dimmer of attraction, and how to control it.
-

Foot Notes:

¹ this percentage does NOT reflect the amount of women you encounter in your day to day life, but rather, the entirety of the female population.

² the graph is representative of everything extrinsic of the words that come out your mouth in conversation (frame.) So, where you start on the graph reflects looks, social status, reputation, pre-selection. Where you end up in the graph is based on your frame.

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UPVOTES

"I still wanna fuck, but I hate the way you treat me."

26 October 2017 · /r/askTRP · Archived copy · Reddit

Long story short, one of my plates asked me to meet her parents, I said no, there's nothing to talk about, because she told me she told her parents i'm an asshole, and I dont wanna get involved in that shit.

Her words:

"I guess when ever you get older, and you actually want to get treated right by someone, you'll contact me. Dont worry about me getting crazy or flipping out anymore. I still wanna have sex, but I cant handle the way you treat my feelings. You make me feel like I'm not enough for you. You pursuing other girls destroys me."

She still keeps sending me text after text.

- What does this mean?
- Will I still be banging this girl?

Edit: One more text - "Look, when ever you are ready to actually let me love you and you only wanna love me, no matter how much time has passed, just contact me. Because right now, you seem like you are just in it for the fun."

Edit 2: I hate the fact that I was raised spiritually, because I have some belief that the universe TM and the cosmos gifted me this girl, cus she is EXACTLY my type, and I'm throwin away the gift the universe gave me. At the same time, I know that's blue pill, still working to get rid of the new agey, hippy spiritualist namaste bullshit my mom indoctrinated me with.

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UPVOTES

I Animated A Red Pill Top All Time Post - How To Get Laid Like A Warlord

27 October 2017 · /r/TheRedPill · Archived copy · Reddit

This is an animated, extensive introduction on the what's, how's, and whys, when it comes to scoring model-tier girls though controlling frame.

As I go about my day driving, cooking, or showering, I love listening to pod-casts like Joe Rogan, or watching videos by channels like FightMediocrity and Illacertus.

That's when I discovered that there was no active channel doing the same thing for Red Pill Topics!

I've always been an animator and film maker, so I decided to give back to a community that has helped me grow as a person in one of the best ways I know how.

I'm open to hearing critique and feedback, and if there's interest in seeing anymore.

I might make more videos like animating "Dirty Sheets," "How To Be An Old Guy," and "Eunuchs of TRP." We'll see where it goes

2,366
UPVOTES

The Red Pill Cheat Sheet

4 November 2017 · /r/TheRedPill · Archived copy · Reddit

Follow Me On Twitter.

Subscribe to The Red Pill Youtube Channel.

Everything that currently needs to be said about TRP, I feel, has already been said, so lets go back to the basics. Perfect way to start the new year, by getting back to the basics. This cheat sheet doesn't cover everything, it's a summary.

**** This is a synopsis. Also, posting this on my main instead of a throwaway.****

This post is meant to be read IN ADDITION to the side bar.

DO NOT SKIP THE SIDE BAR.

READ THE SIDE BAR

This post is intended to serve as a quick sheet to many red pill topics and struggles, and to help those looking for quick guidance/information.

The information in this post has been gathered from The Side bar, the Red Pill Handbook, Stickied & Top All Times, Endorsed Contributors, various manosphere websites, or myself, and then summed up in a sentence or five for quicker referencing.

This post assumes you are familiar with Red Pill terminology, and have at least moderate success with your life and with women

This post comes from a position of amorality. Moral friends and concern trolls, im not interested!

This post was written by a on stage performing plate spinner.

Think of this post as a compilation of flash cards.

If you have your own additions to these topics feel free to add them

Your tools in the SMP

There are many ways to become attractive. Different girls are attracted to different aspects to varying degrees, but remember AWALT

You do not need all sexual market points to be attractive, but having them all will of course raise your SMV.

Choose to focus on the ones you excel at the most. Old TRP Saying -> Play to your strengths minimize weaknesses

Listed in no particular order

- **Your Masculinity.** Your most valuable AF asset. This is expressed through a *deep, low, slow, and commanding voice*. Or by your *Tonality. breaking rapport tone. Not asking questions. downward/commanding/challenging tonality.*
- **Dangerous Vibe.** A masculine factor. You are unpredictable, mysterious, you take calculated risks. You are bold. You live life on the edge. You pin her down, you wrestle and play fight with your girl. You choke her. You threaten her. (If you don't know how to threaten in a seductive manner just don't try it - that method is not for you.)
- **Playfulness.** Balanced with danger. Playful and relaxed. Strongest after the hint of danger and threat. Masculine

polarity is more important, but a little playful can work wonders.

- **High confidence.** Self love and self acceptance without justifying your life choices to others translates into confidence and true IDGAF attitude. This includes acceptance of rejection, and the ability to hear out nay-sayers, laugh at them, and then continue on your merry way. <--- The first easiest way to get laid.
- **Detachment.** The Buddhist principal of emotional detachment. Stoicism. Acceptance of the good and bad as is - both factors of life. Being non-needy. Not looking for ANY validation in any way shape or form from her. You escalate, but you have zero interest in her words, reassurances, respect, etc.
- **Muscularity/Fitness.** Being healthy and looking sexy makes you sexy - Period. <-- The 2nd easiest way to get laid.
- **Fashion Sense.** Being well dressed with clothes that fit you and suit your style without being improperly dressed and awkwardly standing out.
- **Mental and Social Wit.** Being skilled with words, navigating social situations, properly triggering panty dripping, and proper physical escalation. Knowing the right thing to say, with the right tone, at the right time, combined with the right kino touch. You don't have to be muscular to be sexy and turn women on.
- **Status.** Being popular, being rich and having extraordinary social standing. This is what we call *social circle game*. The more friends and colleges you have = more social proof = more opportunities = more fun = more sex.
- **Talent.** (Talent does not help your SMV unless you have garnered success from your talent.) Have hobbies & passions for yourself but find ways to monetize / expose the world to your talent and have them appreciate it. Having talent simply for the sake of is altruistic foolishness. Look to get ahead. **Having success skill/potential in athletic/artistic pursuits.** Being a successful and skilled fighter, painter, soccer player, writer, bowler, skater, and more. What matters is not what you do, but that you are a champion of your pursuit. Steven king can get laid by hot intellectual woman for his success in writing in the same way VirtruivanPhysique can get laid by hot party girls for his physical superiority.
- **The ability to lead.** Women want to fuck the king, but settle for the peasants.
- **Social Media.** High numbers = instant social proof.
- **Your ego.** Your ego is who you believe you are. Your beliefs are your mask you show to the world. The mask you wear determines your allies and enemies, and lovers. Are you a pushover beta? Are you a rouge criminal? Are you a reckless biker? Are you a man's man lumberjack? Are you an urban hipster? Maybe you're a Hippy psychedelic person? Are you a creative artist? Are you an intellectual? Are you a gym fanatic? Are you an entrepreneur? Too cool for school? Edgy gothic? Preppy? The list goes on and on - there are an infinite number of egos one may have. Hence the term - alter ego. *If you are of the group that lacks morality, you gain more freedom from in this aspect. Law # 48 -> assume formlessness.*

If you learn how to disassociate yourself from your ego you have given yourself one of the ultimate freedoms in this life. *I think therefore I am.*

You can change your desired ego at any time.

A drastic way to change your ego (force yourself into a paradigm shift) is with ego death.

I.e. just cus you're an intellectual doesnt mean you can't thrive in a loud frat party, as long as you know how to craft your ego. Just because you are a loud party frat boy doesnt mean you can't fit in with the business people.

BEWARE YOUR EGO!! My ego has gotten me into so much shit... got robbed at gunpoint for 300\$ cus of my

fucking ego lol. Keep it in check and use it FOR you not against you.

How to beat LMR

The first two are my personally favorites and have worked for me in anecdotal experience. The last two are do or die methods that could result in her just leaving the house (happened to me.) Make your first two you go-to's and Use the last two with caution.

Also think of this like a ladder where you go from step 1 to step 2...

Ideally you want to get a girl to have sex with you as soon as you say to, but if that doesnt work... then:

- Stop, talk, than resexualize. The 2 forward 1 back method/push and pull method. Give it about 4-8 tries.
 - Stop and do something else. Pretend that she is not even there. Turn around and go to sleep or go read a book or something. Just withdraw attention completely
 - The verbal nuke. Tell her that she makes you horny and go for the fuck. If she pushes you back, stop.
 - The MOAB. Wait a few minutes after her final rejection. Then, put on your clothes, ask her to put on her clothes calmly, because you're gonna walk her to the door cus you got a busy day tomorrow. If she leaves, well you were never gonna fuck her. If she fucks you, well there you go.
-

How to qualify your prospective plate/ltr

The Ly Star of Attraction.

- Does she **mentally** stimulate me? (Personality, intelligence, wit, feminine [or masculine if you're a feminine dude] mental state.)
- Is she **physically** appealing? (Feminine face, feminine or womanly bodily features [feminine = small, womanly = thick/tonned] over all good looking / healthy. 1-10 scale)
- Is she **sexually** stimulating? (A hot sexy ass. That plump and thick round kind is my favorite. > <https://pbs.twimg.com/media/CzMtGxFVQAA6Fy-.jpg> < Big not too big titties, dick sucking lips, and she has sexual skills / stamina. She is a slut in bed. She knows how to ride. I.E. is not a starfish. She is of my personal "type" or preference. Tan/gold/caramel girls are more sexy than white girls to me. 1-10 scale.)
- Does she stimulate me **spiritually**? (Does she give the illusion of a higher connection? Does she give my soul romantic experiences? Am I able to feel a divine, pair bonded connection to her? [No this is not some oneitis disney movie bullshit] Does she value art, creativity, meditation, and nature?)
- Is she **emotionally** stimulating to me? (She shows me happiness, sadness, horniness, shyness, anger, frustration. She lets me appreciate all aspects of her human emotions and doesnt hide herself.)
- Is she in a good situation **financially**? (Will she be dependent on my money? Will she try to goad me into Beta bux? Is she able to cover her own fairs? Is her wealth surplus to the point of buying me gifts?)
- Is she **careerly** set? does she have a good career? Will she support mine? This is different from financial.
- Is she **socially** savvy? Does she have her own circle of friends, or would I be the centre of her attention? Who are her friends? Are they good people?
- Is her **family** happy and healthy? Does she come from a loving, sane home? Is the father in the picture? Is he

respected?

How to succeed in the SMP's of Highschool and College

These tips are best applied for to girls between the ages of 16 - 25. This is my favorite age group - low desire for commitment, high likelihood of coitus. Even when I am 40 I will still find and bang 20 year olds. Haters get mad.

- **START CLUBS + INTEREST GROUPS** <----- easily most important and easiest way to get laid. Build social circles where you're the valuable leader. I've done this personally, and got a lot of guy friends, major popularity, and fucked 2 girls as a direct result from it.
- Join clubs and interest groups, perform on stage if you can. <----- also got me popular and laid (i recited poetry on stage, u can be a nerd and still get cute soon.)
- These girls are not women. *They are girls.* While AWALT generally applies, they are 90% looking for fun, adventure and experience rather than stability.
- Expect and embrace drama. Read the sidebar and become a shit-test expert and you will increase your chances of laying young bimbos substantially.
- Make the girls feel emotional. Not make them feel good, make them feel *emotional*. That means happy, sad, sexy, plain, excited, disheartened, calm, anxious - **anything but letting them not be emotional. Lack of emotions = boredom = no tingles.**
- Sell drugs, be a gang member, get into fights etc.
- Young girls think in general consensus. Win the majority to win the minority.
- They don't care what you do and what your hobbies are **AS LONG AS YOU ARE ATTRACTIVE AND POPULAR!!** Awkward, skinny neckbeard collecting action figures with his 4chan is weird and creepy. Fit and well shaven charismatic dude friends with hot females and high SMV males collecting action figures is "so nerdy and cute <3 ;3 " Jacked gym-bro with no social awareness or social life is a compensating weirdo creep. Jacked gym bro getting hit up 1000 times a day is Adonis.

The principals of secrecy and moderation

Followers of the Gumby prophecy believe life is about balance. We all have vices, no one is perfect 100% of the time, nor should you be. We are human - we aren't meant to be perfect.

Imbalance creates unhappiness.

- Drink a couple brews and get buzzed - don't get shit faced every day.
 - Smoke weed once and a while if you like - don't advertise it to the world. You will be labeled.
 - Go to the gym 5 times a week - Don't lift for 7 hours a day.
 - Go out and approach women - don't spend every waking minute approaching.
 - Go snowboarding every day - don't let that be your only hobby.
 - Invest in your business - don't turn every single interaction into a business transaction. (Unless you're an annoying scum bag pyramid schemer.)
-

Work hard, play hard.

All work and no play makes jack a dull boy.

There is a reason why these quotes exist.

Secrecy

Do not be an open book. Be vague in your intentions, but open enough not to draw suspicion.

- You want to get a promotion. No one needs to know that, only that you want to start taking your job a little more seriously.
- You want to fuck a fat girl for practice. No one needs to know that, only that "you got laid the other night. It was okay."

If anything, lying to exaggerate yourself and value is more beneficial than telling the truth. If you are a moral-friend, use secrecy.

How to make a woman lose attraction for you.

- Communicate verbally with a woman. They lie about themselves and assume you are doing the same. They cannot act/feel on the basis of anything verbally communicated. If she steps out of line say "don't do that". But don't sit down and communicate to her - it will weaken your position and strengthen hers. She will act on absolutely nothing that has been discussed even when she swears on her grandmother she won't (or will) do whatever the problem is. **The only exception is putting her in her place when she does something not to your satisfaction.**
 - Confide and share your problems with a woman. Weakness = loss of attraction.
 - Commit too much too early. Commitment kills passion.
 - Give her a sexual monopoly. Oneitis is your enemy. Do not commit to one girl - they don't appreciate it and you will start to backslide into betahood the second you feel you don't have the options you did. Cure oneitis by exploring other options.
-

Identifying Your Enemies

The more you succeed in life the more you will attract the hated and envy of the mediocre, or the opposition of the successful who want to maintain their monopoly. Find allies to combat your enemies. Preferably, be a leader who finds underlings just under your level, so that you are always their idol, and you serve as their guide. This is the concept of tribe building.

Eliminate your enemies from your life as quickly as possible. This is a law of power. Do not hang out with the miserable or the unlucky.

You stand either by my side, in my legion, or in my fucking way.

Recognizing your enemies

- **The Naysayer.** They are easily identifiable, simply share your intentions with someone. If they react by telling you what you can/cannot do, they are a naysayer. Identify the type of naysaying that they are acting upon, as there are many different types, the insecure and envious failure, and the well meaning.
-

- *The Insecure Naysayer*: This person is reminded of their own failures through your successes and ambitions. They are merely weak-willed scums who project their own limitations onto you and should be disregarded as the losers they are.

Example: You want to become one of the best roller bladers in the world. Your insecure naysayer acquaintance has been practicing skating for 3 years. In 1 month you already show more promise.

Insecure naysayer: "What? You think you're gonna be the next Brian Aragon or Tony Hawk? Come on dude *be realistic*. There is a 99% chance no matter how much you practice you will never be that good."

- *The Well Meaning Naysayer*: This person believes they have your best interests in mind. Only you have your best interests in mind, remember that. Know thyself. *Be aware of the well meaning naysayer's advice, for sometimes it is beneficial to you to heed their warnings.*

Example: You want to become a famous battle rapper. Your well meaning naysayer brother believes you won't get famous and even if you do the risk is not worth the reward.

Well meaning Naysayer: "What? You wanna be a famous battle rapper? There's like a 1 in a million chance of you blowing up like that bro, there are better things for you to invest your time in to become successful, like lifting. Besides, you will be surrounded by low life thugs who will probably shoot you if you roast them too hard."

Recognizing your enemies

- **The Underminer**. They are easily identifiable, simply share a piece of your life with them and listen to their words. They will try to make you believe that you are worthless because your success in your interpretation of the world angers them and contradicts their failed world model. *Undermining is personal. Refutation is for your benefit. Learn the difference.*

Example: You share the fact that you published your first novel with a meat head acquaintance of yours. Your meat head friend has been lifting for years, but still struggles to get with those fit and sexy gym girls. You, on the other hand, get quite the attention from your liberal art intellectual groupies who hear about your publishing success and want to suck your cock.

The underminer: "Lol you're a writer? You're such a fucking faggot. You and all other artist/creative types are the most disposable scums in our society. Please bro, just kill yourself because you and your hobbies are gay."

The refuter: "Oh you're a writer? Are you actually a good one or did you publish a steaming pile of shit? Matter of fact let me read your book and be the judge of that."

How to maintain an attractive frame:

- Genuinely believe you and your ways are superior to everyone else, without making others feel worthless. You can be arrogant without making others feel like shit. (If they choose to feel offended by you that is their own problem. I am referring to deliberate malicious behaviors towards those you consider under you.)
- Hear what your haters say, nod, smile, laugh at them, then do whatever the fuck you were gonna do anyways.
- Realize the majority of people are complacent and mediocre, and their "advice" is there way of bringing you back into the crab bucket. This realization will free your mind of shame & fear of judgement.
- Reject their reality and substitute your own.
- Think of yourself as a God Sun, and people are planets and comets that orbit you. Planets are the people you love and who support you throughout your life. Comets are people who come and go. If they don't want to orbit

you anymore, let them lose the benefit of your radiating warmth. Let them freeze in the cold abyss of space.

- Understand that people speak from a position of perceptive interpretation. **That means your opinions and values will differ from others.** Do not feel bad if an artist type thinks you are a loser cus you lift and play sports. Do not feel bad if a gym bro thinks you are a loser because you like to paint and write.
-

Intro

If you're reading this, you're looking to become an expert level verbal fencer - good for you! By the end of this thread you'll know many actionable ways to perfect your communication skills and swing your saber like a silver tongued devil.

The Methods

- 1.) **Rap**

One of the first most effective ways I learned how to let words flow like a river was getting into, and perfecting, my rap game. I've stepped on stage and got the ooo's and aaa's from the all black crowds like I was B rabbit off a 8-mile (not kidding, i have a 2-1 battle rap record). Rap improved my linguistics and confidence - it can do the same for you.

Freestyling - The art of freestyle rapping is simple - string sentences together that make sense and end in a rhyme. Sounds easy, but this shit is hard at first! By practicing freestyling, you develop the ability to string together words off the top of your head to create meaningful sentences, you allow your brain to expand its ability to link similar sounding words, **and this shit helps with developing the parts of your brain that allow for easier processing and production of language + words, and strengthens the brains ability to freely express words and thoughts without neural constraints.**

You think freestyling won't help you speak more succinctly? Go ahead and try spitting a couple bars off the top of the dome - watch how many times you get stumped, sit in silence, spit out non-sense or cant find a word to rhyme with.

Writtens - Writing rap isn't just about rhyming "bang some hoes" wit "hang hun's clothes". This aint cat and the hat type shit. When you're experimenting with written's you're experimenting with the manipulation of language. We're talking about similes, metaphors, creating double (meanings) entendres, triple entendres, word play mastery, puns, all that expert level poetry shit.

If you think this is nerdy and only care about game and sex - every time you say "thats what she said" you are making alluding to a double entendre. Imagine if you actually knew how to make your own off the top of your head. on top of that, imagine how funny it would be when you get into those roasting sessions in your social circles and you just casually make a word play insult like:

"Hah, I'm ugly? Clever metaphor, but untrue. You never even met a four who would go down on you!" - I know it's cheesy but honestly, this shit is so funny and out there, and we live in a day and age where everyone and their mother is a sound cloud rapper, it works. Another -> "I took my best plate out to Madison Square, had her pussy hurting - you virgin, I bet your Dad's Mad His Son Square."

Here's an example of one I wrote about TRP:

"Having faith in bad thots are definite bad thoughts" / "Law 38 we can relate, honestly. Watch your back for the blue snakes who be following, cus out of 5 of'em 4 tell like a prophecy."

If you're able to create complex crazy rhymes with double meanings off the top of your head, talking to some dumb bimbo about dogs while you get her ready for the lay will be a fucking breeze.

Other crazy rhymes (not mine):

'Double cross Christ cos' once wasn't enough'

'Want death sooner than later, my mother got a rotten apple as the fruits of her labor'

'My pupils(students) dilate(die late) like Columbine killers with slow watches'

Traded in my Nikes for a new mic/I guess it's safe to say he sold soul for his new life

Rhythm - Spit rhymes to the beat of some hot instrumentals and you'll learn how breathe properly as you speak, how to slow your tempo, and how talk in a soothing beat. Once the music's gone your heart will be your baseline.

• 2.) Talking to YOURSELF.

Back when I was 12 years old and played the Sims, I used to train my charisma by having my sim talk to themselves in the mirror. Well, it turns out that shit really works.

The mirror method - So go stand in front of a mirror and begin to have a conversation with yourself. Literally, start with "hey, how are ya?" and respond to yourself, then respond to yourself, and literally talk to yourself. Dont just drone through the motions, actually be conscious of your responses. Note how boring or interesting you are. When you're feeling creative, go ahead and start cracking jokes about yourself, then cracking jokes about yourself in response to the joke you just made. Once, I sat down with dinner and a mirror and had a literal date with myself, and it was fucking fantastic.

Speaking Scenarios Aloud - This one involves more imagination and creativity - conjure up some kind of situation in your head - maybe a plate is dissing you, maybe you and your friends are in a roasting session, maybe you're seducing a 10/10, maybe you're spitting game in a bar, whatever it is, imagine the scenario, what she says, and your responses. Here is the key:

Think the imaginary responses, but SAY YOUR RESPONSES ALOUD. -> This lets you test how quick your wit is. You may be surprised at how you get stumped and sit in silence or stutter unconfidently when trying to speak in response to these imagined scenarios. Be realistic with your scenarios too, if you know you've said some weak shit, have your imagination respond to that, and then see if you can salvage the situation.

(If you're going to say "hurr why would I talk to a mirror when I can talk to people - do orators give the same speech 50 times to 50 crowds as practice or do they do it infront of a mirror?)

Run Through The Possibilities - Gonna have a conversation with someone? Know a girl you wanna talk to? Practice in your head first, think about all the ways you could open, approach, and see what works in your head - the one that works in your head is the one that you will have the most confidence in enacting. Remember, the point is NOT to rehearse canned lines, it's about practicing and perfecting your adaptability to responding to an unpredictable variable (another person's words.) Have the girl in your mind say something, and then you respond, then she responds to what you said, etc. Be sure to envision the best possible outcome the worst possible outcome, and everything in between.

Thinking Aloud - By speaking aloud, you give yourself a chance to see how clearly and quickly your thoughts become words. Go ahead and try thinking aloud, that will help the river of your words become unclogged and let the words flow through unrestricted. Just talk about whatever you're thinking about, or whatever you're looking at, and observe how clearly you articulate your points. It takes some practice, but it's worth it. I wrote this little section after thinking it aloud, and I got stumped once, but then it all just started flowin'.

Pick a point or a topic you want to discuss, and just start talking about it. Try not to pause, say uh, or stop - just let the words about your topic flow from you.

• 3.) Telling Tall Tales

One of my favorite things to do is Roleplay. So, I love creating crazy-ass stories and stringing plates (and even friends sometimes!) along for the ride.

I literally just sit there and make up some crazy story and see how far I can go with it. Sometimes I never even say I was just making it up, lol.

"We got robbed today. Oh yeah, they were wearing chicken heads as masks. Yeah, I swear to God, the cops came and found yellow feathers. They took it for evidence."

The point is to make something up, but continue it and have it make sense.

- 4.) **Domination**

Play some sit-com where characters talk, or a drama show or something, and then try to communicate your ideas over them despite them interrupting you. Practice this with a friend. This is similar to when Siddhartha Gautama, the Indian Buddha, sat and observed a tree and had his friend attempt to distract him by poking him, yelling at him, but the Buddha remained focus on the tree. You take it a step further. Describe the tree, the sky, and the forest as your friend distracts you. Mastering this will let you dominate conversations no matter what the fuck is going on around you.

- 5.) **Expand your Vocabulary**

Easiest way to never be at a loss for words - knowing a fuck ton of them. I recommend downloading one of those "word of the day apps." **Make every word count.**

This guide is primarily for guys who talk with many "uuhhs" or never get to a point or have awkward pauses in their speech or simply just run out of things to say.

EDIT : This post is meant to serve as an insightful look into the disturbed mind of a possessive BPD psycho girl.

So, I have a couple plates, one of which is huge on the red flag scale, been to therapy, diagnosed BPD.

She's been pushing for exclusivity. I treat her as a highly intimate FWB atm. I decided I like her enough, but I needed some info. I looked inside her personal diary as I decided to trust but verify.

The results weren't shocking - they were scary.

"[REDACTED] is great, he's starting to spend a lot of time. [REDACTED] is mine."

"Spent the Day with [REDACTED] - he is so cute. He is being more affectionate towards me. I'm getting closer and closer to him."

"I told him I love him today for the first time today - he said he loves me too. [REDACTED] belongs to me now."

"[REDACTED] is really paranoid - I told him I was hanging out with another guy today, and he immediately thought I was fucking someone else!"

"I told him I want to be exclusive - he said he'd give it a try, he is so sweet. He is all I think about."

"We went on a date today, but it ended with a disaster. I told him I was hanging out with (ex-bf's name here) and he dumped me. What an asshole, why would he dump me?"

"[REDACTED] won't be exclusive with me. He fucks other girls. All I want is to love him and have him all to myself."

"He told me I don't deserve to be exclusive with him. I cut myself in his backyard."

"I hung out with (A) today, and he did things I didn't want to do, we did them 6 times. I told [REDACTED] about this, and he laughed at me and said it was a good thing that it happened (she had sex with A.). Why can't [REDACTED] just love me? Why does he hate me so much?"

"A used me again. Why can't [REDACTED] just love me. He is my [REDACTED]. He is all I need in this life."

"[REDACTED] is such a hypocrite. He has been fucking girls this whole time, and accuses me of cheating and fucking other guys. Can't he see he is the only one I want?"

So, I see I'm not actually a lover with this girl - I'm a trophy. Scary shit... she's texting me right now - "I'm sorry about being emotional, let me take you out to dinner."

I was hanging out with this FWB today, I brought up (A), and she exploded in yelling. I took her home immediately and told her to cool off and have been ghosting. These chicks are crazy. She used this (A) guy to replace me, but she spreads rumors about him, saying he raped her.

Yeah, totally got "raped" 6 times, LOL.

0

UPVOTES

How to keep raw dogging a FWB?

2 December 2017 · /r/askTRP · Archived copy · Reddit

I love raw dogging and busting raw nuts - only if girl has the anti preggo shot.

Well she keeps trying to get me to be exclusive / committed to her.

I always tell her no, we are just FWB

Today she got mad i rejected her again and she said:

<http://imgur.com/xsXsIaV>

I believe she has said this out of spite/malice for being rejected for exclusivity

Dont wanna lose the raw dogging, but she is clearly mad.

My current plan is to just try raw dogging again, ignore the condom thing. If she gets mad, try to push then pull again, remind her how hot it is raw.

Any recommendations?

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UPVOTES

I Animated a Red Pill Concept - Monk Mode (The Basics) - Red Pill animated Video

9 December 2017 · /r/TheRedPill · Archived copy · Reddit

Hello, I created an animated introduction to Illimitable Man's concept of Monk mode.

I plan on expanding upon monk mode with several more videos over next two months, as I am currently going through a monk mode right now.

As always I am open to hearing criticisms, feedback, and opinions.

P.S. - I am planning a special animation featuring one of the red pill's favorite superstars (or villain depending on how you see him.) Stay tuned.

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UPVOTES

You will Lose - But you're not a loser

18 December 2017 · /r/TheRedPill · Archived copy · Reddit

For guys going through the struggle and the grind right now, for guys getting botched approach after botched approach, lemme just say, it's ok man.

Internalize these ideas and you will start feeling better about your sexual interactions.

1. You wont get all the girls - *but you will get girls*

An immutable law of life is not everyone is going to like you - if you go out into the world expecting to have every women you encounter drip for your seed, then you're in for a rude awakening. There is no secret phrase to activate every girl's primal brain and make her attracted to you.

There is, however, a fantastic little red pill that will help you learn how to get girls. If you follow the advice given by TRP, you'll still disgust some girls, but guess what, you'll also see more girls ogling you, and even more girls becoming open and receptive to your advances.

"Some girls hate you, some girls love you. Most girls wanna see whatcha got."

2. Not every women will like you - *but some women will crave you*

You want girls who are at your beck and call - the ones who see you as their #1 cock. It's better to be the guy who girls make time for, than the guy who girls have to check their schedule for.

Dont break your back trying to impress a girl who sees you as "Meh, MAYBE we'll hang out, let me get back to you on that," ESPECIALLY when you have a cock thirsty plate throwing herself at you day and night.

Variety may be the spice of life, but why put yourself through the stress and trouble of jumping through one woman's hoops, when you have another woman who will give you sex on command? Women who like you will make your life easier.

Now sure, not every women will start off craving your dick, but with enough practice, time, and exposure, you can move "meh" women to the "I NEED you" side of the scale, but be forewarned, you can also move "meh" women to "stay away from me!"

If you go around thinking "man I dont need this hoe, I already got another one just WAITING for me to give her the dick" you're gonna have a good time.

3. There is no one special girl - *but there are some girls made specially for you*

On the most basic level, women have warm vagina holes that are a great source of pleasure. They are ALL the same in that regard. Some, however, you click with, like puzzle pieces.

But that's all it is - a click. You two are highly compatible genetic puzzle pieces that snap together. She is the fisher price puzzle ~~slut~~ slot, and you are the shape that fits inside of her. You may be able to fit into other ~~slut~~ slots with enough tenacity, but the truth is, nothing will feel as easy as being with a girl you vibe with - and when the drooling 4 year old named life decides to fling the toy across the room, launching you out of your slot, dont worry, cus fisher price makes the millions of the same puzzle game.

Even if you cant find another fisher price puzzle, you can still probably shove your cylindrical shaped puzzle piece into other ~~slut~~ slots, but we all know it just wont be as fun as the ~~slut~~ slots made for us.

4. No girl belongs to you - *except for in the moment*

When you're with your girl, you should be the only person on her mind. Her cell should be on silent, you two should be enjoying each others company and intimacy. This is your turn with her.

Once that date is over, it's fair game, man. If you put a leash on a dog, you control it, when you take the leash off, the fucker is probably gonna run around and sniff every butt in town until it gets a new owner, gets run over, or starves to death. Some dogs get captured and returned to you. Other dogs stand there, waiting for you to put the leash back on, and other dogs wander around, but come back to you when you call their name.

Women are like that, when you're not in their presence anymore, that's it - your turn with her is over.

They'll talk to their orbiters, they'll talk to their side niggas. Don't get jealous cus it's gonna happen.

If you finished fucking and you're just doing your thing at your work desk while she's laying on the bed, it's fine, you had your way with her and are onto other things, she's gonna pull out her phone while she waits for you to start something else up.

On the flip side, if she's calling and texting other guys while you two are doing something, like trying to sex it up, are cooking dinner, bowling, coffee, are watching a movie together, on a date, ice skating, w/e you're doing it wrong bro.

5. All women are like that - *but not all women do that.*

"Women are like guns - they're fun, dangerous, and all share the potential to inflict some serious damage. Treat them as if they are all loaded."

You've heard this Red Pill Whorerr story before: Man and Women are in an inseparable relationship until suddenly it just happened and she jumped onto the next dick.

Spare yourself the heartache and get it through your head that All Women are Like That.

Be okay with the potentials, be okay with nature - man. She aint designed to be monogamous. It's never gonna happen.

It's better to accept the potential of it happening and going about your life, instead of sitting in paralyzed fear, paranoid about the possibility.

Ask yourself, if a better version of you came around your girl, would she leave you for your better? It's you, exactly, except he's better at being you. I say, not all women have the chance to do so, but I think they would. And that's okay.

All guns can fire, but not all guns are loaded.

All women have the POTENTIAL to cheat, but not all women cheat.

All Women Are Like That, but not all women do that.

6. You will Fail - *But you're not a failure.*

Man, I've approached girls who laughed at me, who awkwardly exchanged glances with their female friend and walked away, who made me wait for them for months while they banged chad, i've been there man. I've let guaranteed lays slip through my fingers. I've failed.

But you know what else? I've gotten the attention of a bombshell, and fucked the hottest girl I've ever fucked. I've retained a model as a long term plate. I've fucked girls just by asking them if they wanted to be friends with benefits.

Seduction is a BJJ Dojo.

The white belt gets tapped out 1000 times in 1000 different ways. He'll score some submissions here and there, and

eventually he'll learn how to escape bad situations, place himself in good ones, and before you know it, the coach is calling him in to break in newbies.

No black belt master got to where they were, without being submitted countless times.

And you know what happens when you get that black belt? You STILL get submitted.

By having the knowledge and experience of a black belt, you will make it a heck of a lot easier to win, achieve, and force submissions... but...

Life is funny!

You can know all the right moves to make, and still lose.

And that's okay man, life is half chance. You can only do so much to influence the outcome.

7. It's not your fault

You will never be alpha enough. If you give a women the moon, she will want the stars.

There will never be a magical tipping point in which you are so alpha your girl wouldn't ever cheat on you, betray you, or cross a boundary.

If she feels like cheating, it's gonna happen. You could be a top profile celebrity and STILL get cheated on - nobody is immune to hypergamy.

The sooner you come to terms with this, the better.

Now take a deep breath of relief, and accept life for what it is - Half Chance. You can only do so much. Spit your game and onto the next one.

You can be the most Alpha Chad J Thundercock mother fucker on the planet, until some unfortunate ass fool decides he's gonna pop your ass and BOOM - you're dead. And that's it. Alpha no more, cus you dead nigga.

But is the possibility of dying gonna stop you from living?

Is the possibility of rejection gonna stop you from getting laid?

Life ain't perfect, but it sure can be fun.

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UPVOTE

Shit retail job or risky sales job?

26 December 2017 · /r/askTRP · Archived copy · Reddit

Im 19, have the option to work for 8.50 an hour peanuts at office depot OR for 13/hour + commission at a sales firm.

Office depot is a "safe job" sales is risky cus its not guaranteed.

My parents want me to keep being a slave at office depot.

I dont want to now that i have a better option.

What are some thoughts on this?

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UPVOTES

Why is sarcasm weak, and whats the difference between sarcasm and amused mastery?

27 December 2017 · /r/askTRP · Archived copy · Reddit

I see people say being sarcastic is cynical and weak, but how?

Isnt amused mastery the ssme thing?

"You have a small dick"

"Oh yeah gotta sit when i pee"

See what i mean?

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UPVOTES

How To Approach And Get Laid - The Complete Guide From Start To Finish

16 January 2018 · /r/TheRedPill · Archived copy · Reddit

[removed]

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UPVOTES

How To Get Laid Like A Warlord 2 - Animated Red Pill Video - Inner Game

25 January 2018 · /r/TheRedPill · Archived copy · Reddit

This is an animated video on the what's, how's, and whys, of scoring model-tier girls by mastering your inner game.

The video also includes bonus content that explains how women experience attraction for men.

As usual, I'm open to hearing critique and feedback, and if there's interest in seeing more videos like this.

P.S. - I am currently collaborating with an Endorsed Contributor to have him narrate one of his more informative posts for a future video. Stay tuned to see that project.

(The video is based off the top all time post found here - <https://theredarchive.xyz/archive/39524> - and is in the video description as well.)

I am compelled to write this out because a prominent self-improvement icon on twitter (who will not be named out of respect for the rest of his work), who is also followed by many ECs, is under the blue pill delusion of:

Spending hundreds of dollars on a woman in the first date is how you find a "decent" girl."

He goes on further to say *Girls are unimpressed by your boring coffee, netflix and chills dates.*

Lets go ahead and address this idea section by section:

1.) The first flaw with this belief, is the idea that one should be concerned with impressing a woman.

Shes there at the coffee date, talking with you isnt she? Shes in your room, watching netflix waiting for you to fuck her isnt she? Who gives a fuck if she is impressed, its completely irrelevant to the quality of the relationship, or to having fantastic sex with the woman.

2.) Why the hell would you spend more than 50\$ on a woman YOU JUST MET. Would you pick up a random on the street during day game, and propose going to a 5 star restaurant where you pay for food, drinks, and all other expenses for a person youve known for a total of 10 minutes?

This is a sure fire way to lock yourself into the beta provider category. He believes that you must spend much money, on the first date, so that line of thinking will compel him to top the previous date... and so on.

What happens when those dates dwindle? That woman, having become used to being treated as a pussy-goddess, you think shes gonna let you stop taking her out and treating her like a queen? HELL NO.

Are you just going to continuously top the previous date to "impress her and keep her on her toes?"

3.) He implies that the only way to find a "decent girl" is to spend hundreds of dollars on her.

First, what is a decent girl? Decent for what youre looking for, maybe. Easy sex, produces art, and takes care of her body is "decent" for me, for a FWB.

Does he mean a "good girl?" Well, of course hes gonna get the good girl act, as he acts like a beta provider. Does he mean, loyal, classy?

Perfect example of madonna whore complex, believing only "whores" would have a coffee and netflix date. Loyal classy wife material girls would only go out on 100+ dollar first dates!

Truth is, "decent girls" can still easily be found by taking her to a pool hall. And you save all the money.

4.) This is all coming from a place of needing to impress. That you need to "treat a lady right." You should *buy your way into her liking you.*

Idk about yall, but im not spending more than 20\$ on a hoe i just met. And thats taking her to the gun range. This guy is suggesting cross world cruises, jet skiing trips and lavish dinners for a girl he hasnt taken out, hasnt even fucked yet!

And the funny kicker, is he likes/retweets the women who flock to his post who say "if you try to take me on a coffee date, im out. If you take me out to try and screen me you are wasting my time. If you wont take me on a nice date someone else will. Fuck off with your pussy date!"

Translated : im entitled to your time and money for blessing you with my limited attention on a date, even though we just met.

How many of you love yourselves?

And the opposite?

Let me tell you of the highlight in the dream I just had - I was making out with myself.

Yes, I am that self absorbed.

And that is why I scrutinize everyone of my fuck ups until failure is not an option.

Leave behind the morals, leave behind social ideals, and forget about the ethics and what are we left with? A man.

A man who does whatever it is he wants or needs to survive and thrive.

When was the last time you had a conversation with yourself? How often do you sit down and just chat with your person?

Im a firm believer of creator collective consciousness, life is but a dream and we are the observer and director, but not the actor.

Most people fail in achieving what they want in life because they do not realize they're not the actor in The Script.

You as an entity with Consciousness are within a fleshy body that you can enforce your will upon however if left unchecked the body will drift into seeking quick doses of pleasure and overall degeneracy. If left unchecked the body will be influenced by directors in Will's outside of your own.

So sit down with your self have a conversation in lifestage. You arent talking to you, the observer, you're talking to a friend, who is lost.

- what do you value in life?
- when did you start valuing that?
- what do you wish you could do?
- what is stopping you from doing that?
- what do you fantasize about?
- how does reality align with your fantasies?
- why is that what you fantasize of?
- what do you do to make your fantasies reality?
- what hobbies do you have?
- in what way do these hobbies fulfill you?
- what emotion, above all else, do you seek? (Happiness, fulfillment, recognition...)
- in what ways are you moving towards those emotions?
- why are these the feelings you crave?
- why do you do?
- what do you wish you had?

- why do you wish you had it?
- when was the last time you tried to get what you wish you had?
- what are you doing now to get what you wish you had?
- how far are you willing to go to get what you wish you had?
- would you kill for what you wish you had?
- when was the last time you fought? Over what?
- were you afraid?
- what are you afraid of?
- in what ways do you face your fears?

?s I ask myself regularly and it's what I like to call lifescaping.

I used to trim bushes and I would landscape I would make them beautiful and ask myself how can I get the perfect angle what is it the homeowner wants?

You got to ask yourself these God damn questions man how often do you ever sit there and talk with yourself man .
your Consciousness and yourself are two entirely separate entities man you need to get to know yourself if you want to live the best most aligned life.

Life is a circle, you only get what you put in, and life is also a goddamn sandbox.

which means there are no rules you're a kid playing in a sandbox and they're adults around if you start acting a fool the adults will pull you out of the sandbox like the cops are coming arrest you but in reality there's no rules you could throw sand all around and make everybody cry or you can build an amazing f** castle and have the rest of the kids wishing I could hang out in that castle with you.

Or maybe you think you need to build a castle because every other kid in the sandbox built the castle but if you took time to ask yourself wh

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UPVOTES

I turned my ex GF into my beta bucks, ATM, sex slave

11 March 2018 · /r/TheRedPill · Archived copy · Reddit

Trigger Warning

What you are about to read may be considered "fucked up" by societal standards. If you are unable to handle immoral/amoral sexual strategy discussion, DO NOT continue reading.

Long post

Background & Preface

Summarizing my introduction to TRP, you can skip if you just want to get to me dominating my current girl.

Pussy ain't a problem for me right now and neither there is money.

Ever since I was a 13 year old kid, I had a "problem" with liking multiple women at the same time. This caused a bit of trouble for me, starting from when I cheated on my very first girlfriend with the hot school slut. I dated the school slut for a bit, and then cheated her with her own best friend. (Not tooting my own horn either, they were all 5-6s. Decent faces with amazing asses.)

(I also had my 1st GF and the school slut fighting over me, but thats a tangent.)

My older brother, a married and monogamist by heart or by socital brainwashing, told me I was a monster.

I fell for it, dumped the slut and put on the beta act for the first girl friend. Poetry, tons of attention and compliments. She dumped me after the 6th month.

Since I slipped into beta-dom, I started researching how to get my ex-girlfriend back.

Thats when I found the Red Pill, and 3 other important discoveries:

- I realized it's natural for men to want to have multiple sexual relationships with attractive women
- You dont get your past women back, you simply get other women.
- I realized it was okay to be a man.

Armed with Red Pill awareness, I entered college.

The plates compete

I jumped into my plating phase strong, performing poetry on stage caught the attention of an 8/10 black/spanish run-way fashion model. I kept it casual. She was a smoke show, but she was more into the thug life, and I like art. She was really drawn to my "fame."

Once photos of us hit social media, I got the attention of a few ladies, and I set up a date with another model, 6/10 native american/black (not runway, this ones an instagram model.) **This girl was artsy, and quickly became my favorite.**

While i was banging the models, i was swiping on tinder and i set up another date with a 3rd, 4/10 asian "model" (she did photoshoots but was ugly.) I used her as a last resort fuck.

I always informed my women I wanna see where things lead, and Im up front about seeing other women. They all agreed to it, more or less. The 6/10 was the most distraught about it, and she started gunning for my committment, only 2 weeks in did she give me "the talk," to which I replied it was too soon.

Months went by, and the 6/10 decided to give me the talk again, and she has been behaving quite deserving of it. Amazing sex, massages without asking, making art for me (often hand drawn pictures of us together).

Now, the 6/10 had a lot of red flags. They all did, but hers were the worst:

- club girl / rave girl
- "loves to dance and party"
- uses soft drugs / used to use hard drugs.

But, I wasn't looking for a wife or anything, in fact I'll never get married, plus she was on her best behavior, so I said fuck it and gave her a chance, on 3 conditions:

- I will still fuck other women.
- she will not fuck other men, or be in a position where it's possible.
- she cannot lie to me.

She agreed, and I bestowed her the title of my Girlfriend (or my main bitch.)

Two weeks into the new relationship, she tells me she was hanging out with her Ex-boyfriend. They were "practising wrestling moves" by the pond near her house after dark.

I dumped her on the spot.

For the next couple of days, I was bombarded by at least 50 novel length texts and a dozen missed calls.

One day, she decided to randomly show up at my house, begging for me to take her back.

I invited her in, got a fuck n' suck, then sent her home.

She did not take the demotion to plate well.

Hundreds more texts, how she didn't do anything, I wasn't being fair, how I'm the only man she truly loves.

I told if she truly loves me, she would buy me a new Piano.

She brought over a new electric piano the next day. That wasn't enough for me, I kept on plating her while the gifts kept coming. Chocolates, a 2nd piano that I sold.

A few weeks through the plating, she informs me how she fucked another guy, but regretted it instantly and felt really bad.

I laughed.

It was a clear and desperate attempt to rile up my jealousy.

I responded by inviting her over for that quick suck n' fuck as usual.

She kept bringing offerings to me, and I said fuck it. I forgave her, and gave her one more chance, same conditions.

the second fuck up.

I went on a trip to south america, and then returned and invited the 6/10 to hang out.

Throughout the vacation, she sent me dozens of lovey dovey texts about how I was her one and only true lover.

While she was asleep, I decided to trust, but verify those claims.

I discovered she was sexting 2 other guys, exchanging nudes, and slutting around.

She also wasn't as creative as I thought, she was using the same lines with me during sex as she was using in sext chats.

My fountain of forgiveness had run out.

She becomes my bitch-slave

I brought up the evidence, I know it's against RP tenants, but I'm Latin American and enjoy romantic drama.

She threw out predictable female responses to being caught whoring out:

- "How dare you look at my texts (and discover I was lying!)"
- "It's not fair, you were fucking other girls!" (You agreed, toots.)
- "You're taking those texts out of context!" (Lol what)

Long story short, she started crying and I kicked her out the house.

I know Rollo says "don't root through garbage," but I figured I might as well get something out of it. I'm not looking for a woman to rely on, or be my loyal lover, or anything.

More texts, but then this time I told her very clearly, "We are not boyfriend and girlfriend anymore. You will have to make it worth while for me to stay in your life."

I no longer treat her with respect. Not even decency. I put 0 effort into the relationship, or flirting. If I want to fuck, I just roll her over, put her in doggy style, and fuck her.

Any time I pick her up, she pays for my gas. If I feel like buying something, she buys it for me. I wanna dine-out at a fancy restaurant? All on her dime. Even if I just want some money randomly, she'll hand it over to me.

She will draw me art, or paint for me, which I flip and sell for profit.

I want sex? She drops to her knees. No matter if it's in a staircase, in the back seat of my car in a public place, if she is sleepy, tired, angry, she will give up that pussy, no questions asked.

She always tells me she loves me. I haven't said it in months.

I use her as social proof / pre-selection. I tell her to wear tight, skimpy clothes that shows off her big fat ass, and I notice the looks other women give me when I take her out and squeeze that ass in public.

And any time she starts acting up, I remind her of her poor choices, with a term I coined. "You made the choice to go out and get Andrew'd."

Always shuts her up, sometimes even makes her cry.

The best part is, she doesn't even expect my loyalty anymore.

I have literally flipped the script and have this woman providing me money and pussy at a moment's notice. She's my beta bux.

Lessons Learned

- Women do ANYTHING for a man they perceive as a prize.
-

- the red pill is NOT a law book to be obeyed 100%. The Red pill is a guideline. Find and use what works for you.
- be aware of what youre looking for. If I wanted a wife, i would not have tolerated the 6/10s behavior
- there are multipl

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UPVOTES

The Iron Rules Of Tommassi & The Art Of Manipulation (Ft. EC - Rian Stone) - Animated Red Pill Videos

18 March 2018 · /r/TheRedPill · Archived copy · Reddit

Back to the basics, indeed. Here is an animated video of one of the laws every red piller should be familiar with and understand, in video format.

The videos feature plenty of EC gems to help clarify the concepts.

Iron rule of tomassi - FRAME IS EVERYTHING

The second video presented here emphasizes the ways women try to manipulate men, written originally by, and now narrated by, Rian Stone.

The art of manipulation - ANGER

BE THE BEST VERSION OF YOURSELF

Male Behavioural Archetypes

Synopsis : *Exploring how the brain creates labels, determining the nuances of male socio-sexual rankings, and realistically defining the term "Sigma Male."*

The brain creates labels, classes, and specifications for simplicity - to easily identify people without thinking/spending too much brain power on it.

For the most part, this is beneficial and accurate, however on the flip side this can lead to neurotic mind traps, some of which are fostered from judgmental ignorance. I.E. *"What kind of cereal does an alpha eat? And with a metal or plastic spoon? Are alphas allowed to eat cereal at all?" OR He's a jock. He's a nerd. He's a meathead. He's a junkie."*

I got red pills for ya, pop deez.

You are not a static, concrete slab. You are a dynamic, fluid entity that can reform themselves into whatever shape desired with enough tenacity.

You are not A alpha, or A beta, or A sigma, rather you have the *TRAITS AND BEHAVIORS* relative to those classifications, which are subject to change at any time by internal, external, or contextual factors.

The matrix of society uses the tendency to classify against people - it does so by giving the impression that people cannot change, because change is detrimental to the status quo, and the social hierarchy.

Red Pill Vanguard TRPsubmitter once said:

"The harsh reality of the sexual marketplace: either improve your SMV factors or be alone. You don't get to redefine "alpha" as some lone wolf who literally no one likes being around, just as long as he "accepts himself" or some bullshit. And you don't get to demand that women like/fuck you when you obviously are not as good as another more attractive man."

The key phrase being *"YOUR SMV factors."*

In Red Pill Endorsed contributor "Field Line"s post, [Alpha, Beta, Sigma, and the Colors of the Rainbow](#) He lightly touches over how most askTRP questioners are herd animals looking for a new identity to cling to, rather than recognizing and forging their own. We've all seen this phenomena, where lost men are trying to figure out how to be more like James Bond, or how to emulate Tyler Durdan, despite it clearly being spelled out in the rules + top posts that examples from blue pill lensed, idealized, Hollywood fiction are to be discarded as inaccurate representations of human intereaction.

He concludes his post with :

"there's no such thing as a **Real Alpha™** because people are much more complicated than idealized models, as much as your Psych 101 professor tries to convince you otherwise, so stop trying to classify yourself."

You aren't A alpha, beta, sigma...

You have the *TRAITS AND BEHAVIOURS* of an alpha, beta, or sigma.

AND, THESE TRAITS AND BEHAVIORS CAN BE CHANGED, ALTERED, HIDDEN, OR IMPROVED.

This is why you see red pill success stories, like the dependable beta, who (as gaylubeoil likes to say) is high on trait agreeableness, happy to go along with the program, change into an alpha who calls his own shots and have others follow him, or a sigma who gets things done on his own behind the scenes.

Everything exists on a spectrum, and being able to identify where you fit on the spectrum is a crucial part of determining what you need to focus on, to get where you want to go.

(1) Pointed user StoicCrane made this simple statement:

Alpha= Extroverted Masculine Dominant Behavior

Beta=Feminine Submissive Behavior

Sigma= Introverted Masculine Dominant Behavior

These aren't labels in reference to people. They're simplistic ways to describe behavioral paradigms.

Field Line Added,

"when these terms were defined they were **intended to describe behaviors**. But somehow they have evolved to become **idealized models of what people should strive to be, a flawed way of thinking.**"

Those idealized models should be discarded, and instead the behavioral clusters are presented.

Sigas, Alphas, Betas, Gammas, Omegas And Behaviors (Revisited.)

It is of my personal opinion, that sex is an inarguable, biological fact, whereas gender is a dynamic polarity scale that operates as follows:

Feminine ----- Androgynous ----- Masculine

You can be a masculine male who behaves like a beta, and you can be a feminine male who behaves like an alpha. We both have seen these real life examples, the jacked weight lifter who could throw a man across a room, but struggles with women. The dainty pretty boy who swims in pussy and male admiration/respect.

Endorsed Contributor Auvergnat Stated,

This single fact alone goes a long way to explain women's behavior and answers one of the eternal question "what do women want?" with an answer that is simple, accurate and useful, it is at the very core of TRP wisdom. Wanting to overlook this idea is absolutely criminal.

Of all the different ways to understand alpha and beta, the common method chosen where - alpha = masculine winner, beta = unmasculine loser - is the least useful of them all.

Whatever **You** are, strive to be the best, most dominant version of yourself.

How do I know what I am? You may ask. Well, if you've asked that, you haven't been paying attention.

The better questions are:

- What traits and behaviors do I display, in correlation to the male hierarchical system?
- Are these traits and behaviors giving me what I want from life?
- What behaviors and traits must I learn, improve, or discard to achieve my desired rank in the hierarchical system?
- How will I implement these changes in behaviors, and how will I display these traits?

Because, we need to remember, The Red Pill Is About Sexual Strategy.

Alpha/Beta... AlphaFucks/BetaBucks, is a simple dichotomy used to reflect women's dualistic mating strategy, the fact that a women needs both.

The following charts aims to give insight into what motivates each male rank, and how each respective male behavioral cluster operates as a Provider (Beta Bucks,) Lover, (Alpha Fucks,) and Neurotic (Gamma Sucks)

My personal rendition of Abdada's chart (Credits to him):

Rank & Behavioral Cluster	Motivation & Method
Alpha	Seeks respect through dominance.
Sigma	Seeks profit from risk-taking & rebellion.
Beta	Seeks love through purchasing.
Delta	Seeks comfort through conformity.
Gamma	Seeks revenge through retribution.
Omega	Seeks friends from belonging.

Note the wide range of differences. Alpha is sexual strategy, and Beta is love strategy, and Omega is belonging strategy, Sigma is strategical in profit/gain against risk/investment. Sex is just another profit for another risk.

.	Bucks	Fucks	Sucks
Personality Type:	<i>(for Support)</i>	<i>(for Passion)</i>	<i>(for Rebellion)</i>
Alpha (For Command)	Captain	Chad	Dark Triad
Sigma (For Gain)	Motivational Speaker	Artist	Scam Artist
Beta (For Love)	Schlub / AFC	FWB	Goth
Delta (For Comfort)	Stay At Home Modern Dad - The Normies	Normal Guy With Beer Gut	Whatever counter culture is "in"
Gamma (For Revenge)	Controlling BF	Angry Drunken Lover	Psycho Stalker-Ex BF / Mass Murderer
Omega (For Belonging)	Comic Con	Gamer Pro	Internet Hacker Troll / School Shooter

Breakdown:

- Alpha Bucks = Captain = Head of the family, successful husband.
- Alpha Fucks = Chad, women chase him but never expect him to commit. They usually don't even try. Has several females blowing up his phone on a regular basis.

- Beta Bucks = Typical married guy whose wife shits on him constantly. Sometimes this is a new TRP visitor, but they're usually below this.
- Beta Fucks = This is usually the top of the food chain for a TRP adherent. They get laid and can spin plates decently, but the women either want to lock them down into Beta Bucks, or the gals keep them around as a backup emotional tampon who they give sex to.
- Sigma Bucks = This is the entrepreneur who really DGAF. He's got cash and that's his main concern. When Cindy cheats on Chad, it's usually with this guy if she can attract his attention and lock him down.
- Sigma Fucks = The musician. The traveling artist. The photographer. The performer. He's getting laid because of his fame/status, the positive attention he receives for his art, + he doesn't care at all about outcome. He can win or lose and it doesn't matter. When Cindy cheats on Chad, this guy is a common factor.
- Delta Bucks = A normie dude with money. Usually wimpy, adopts new age gender roles. Nothing remarkable about them, a real normal guy.
- Delta Fucks = This normie is a better version of normal. The regular at his local bar who everyone knows. Nothing real special about him, he's just the most popular.
- Gamma Bucks = He love bombs an unsuspecting women into LTRing him, and then domineers her life by constantly checking on her, spying on her, maintaining tabs on her whereabouts.
- Gamma Fucks = Distraught about his ranking, but rather than putting forth the effort to improve, change, and adapt, he numbs himself and takes out his frustrations on his current lover, then makes up for it later. A cycle of abuse.
- Omega Bucks = He's fat, he doesn't shower or cut his nails, his place is a mess, and he visits porn sites 3x a day. Yellow teeth. Some TRP redditors will be stuck here for good because their entire lives are fantasies.
- Omega Fucks = This one is weird. He's the Vape Bro, or he's the guy with some odd technical skills. He actually gets laid. No one wants to be around him but he actually has spots of charisma that keep him "in the scene".
- "Sucks" is almost accurate as these types tend to exude some self-hatred of their behaviors if you really drill down to why they act like they do.

Note there's a huge difference between Chad (Alpha Fucks) and Dark Triad (Alpha Sucks) in behavior, and Sigma to Omega.

BF purchases sex by being the kind listener. AF doesn't buy sex, he'll bang and kick her out and go do whatever he wants to. SF assumes sex is the outcome but doesn't care if it isn't, which leads to it ending up happening, then then he assesses whether to keep her around as he does other things in case he feels like a round two.

Alpha, Beta, Sigma, Omega, are also all statuses that can change through alteration of traits and behaviors, by one's own self or others implementation.

In other words, being alpha/beta/sigma is contextual.

You may be the alpha of your football team when you call the shots and your players follow your lead - but when you go to work after the game, you are subordinate to your boss, who orders you around.

Do not force yourself to be someone you are not. It's not natural and people will look at and treat you as the fraudulent impostor you are.

Sigma Male? That's just a male hamstering cop-out bro. (Debunking The Claims)

In order to explain in depth what a Sigma Male is, I must shatter the low effort perception that has plagued the term in question's connotation. Truthfully, the odds of being a Sigma are slim. You need a combination of Sigma and Alpha traits/behaviors. But keep in mind, **traits and behaviors can be added, altered, and discarded with enough will.**

Sigma is just a trap for male hamstering. I don't want to be a 'douchebag alpha' so I'll be the outcast from society sigma instead. I'd wager the vast majority of people who call themselves sigma are the bottom of the barrel guys who don't want to make an effort.

A sigma is NOT a social reject. Sigmas reject society. Not the other way around. Being sigma is not a cop out - you need alpha behaviors to be sigma, and you also need sigma behaviors to be sigma. Which means, you need to display good levels of social savvy, be able to seduce attractive women, be acquainted with many social groups and have the ability to lead them temporarily in person, or completely dominate them when you are "in your zone," (on stage for a musician, for example.) A necessary qualifying sigma trait is having good social skills and out-standing status/fame.

Sigma is a name for what every loser would like to imagine themselves as. We don't play the game and we still win it. The whole idea is bs, there are attitudes and actions which are attractive to women and there are attitudes and actions which aren't.

This whole "not playing the game," idea stems from not putting focus or effort into developing social connections, yet still gaining them anyways because you put your creations out there to be admired.

You need to be creative to be a sigma. You need to have a displayable CREATIVE ARTISTIC TALENT to be a sigma. That is an uncompromisable trait. If you are an uncreative loser, sorry, you'll never be sigma, because that is a defining quality. You need to be able to produce value that causes people to fawn over you.

And heres my reasoning why:

You can have a directionless, talentless, 9-5 drone be the "alpha" of his social circle, simply because he is the leader, he arranged it, happens to be the most dominate or charismatic. You can have a fit, foot ball player who spends his time fucking, lifting, and playing madden be the "Alpha" of his social circle. You can have a dweeb who never goes outside, doesn't lift, be the "alpha" of his magic the gathering gaming club. I think it was EC Heathcliff who said he used to do that with his MTG frat bros, and they were banging groupies in between the matches. They were displaying Alpha traits and behaviors - leadership, competition. But that is NOT sigma behavior.

Alphas win someone elses game.

Sigmas make their own game and win.

Your Sigma idea is not represented anywhere in nature.

Humans are part of nature, silly.

The average Red Pill user places such a die-hard importance on alpha behavior, but neglects the fact that we are human. We have, for lack of a better term, a soul that gives us the capability to create and enjoy art. Women see passion, in an artist's eyes, they see the crowd cheering their name, and the women can't help but feel aroused, and intoxicated.

Are there any other animals capable of producing works of art and evoking emotion through music, literature, cinematography?

We are not just animals, but the next evolution of animals.

What else makes a sigma?

It is much more effective for you to adopt attractive masculine qualities that are closer to who you are, rather than trying to be a the extroverted, loud, "Alpha bro."

Red Pill Moderator MachiavellianRed said long ago,

Sigma = a dominant and rebellious introvert

Sigas are rebels. They are high on alpha, and they don't like to conform with the status quo. You can be extroverted and be a sigma, but typically they're introverted people who are very picky who they associate with, but able to interact easily with strangers.

Poets, Singers, Dancers, Artists, Comedians and every other weird, charming man, are Sigmas. That is why they don't need to lift to be swimming in poon, *but they would all benefit by having a strong, healthy physique of course*. Still they all exhibit sigma qualities, such as no need to lead, yet leading anyways. Being a spectacle to behold, giving an out an art to be enjoyed. Extroversion for an audience, introverted in person. Coupled with alpha traits, like ambition and fearlessness.

You need power. If you can't walk into a group and make things happen, you don't have power. That trait is constantly missing from the definition of sigma, and it's an important one. It's one thing to say or to think you have that power, but if you never prove you have it, or prove that you're willing to use it, your influence will wane.

However, a Sigmas power does not make him alpha, as the power is often temporary, in the moment, at the right place.

A Sigma is NOT an Alpha. It's a misconception of the terms.

Sigma = lone wolf. Alphas typically hate the Sigma, but enjoy their works/productions. You might hate Quentin Tarantino for using Nigga with the hard R so often, but Django and Pulpfiction were fucking phenomenal movies.

Most artists/musicians are Sigma males, NOT Alpha males. Lone wolf. They can do with or without, and absolutely no fucks are given.

Omeegas are the lowest, but even some omegas CAN get laid. It's rare, it doesn't happen all that often, but it does happen.

A Sigma tends to be disconnected from outcome until he finds a profitable one. Then he'll work that angle until the profitable return is gone.

Here is a quote from Abdada:

One of my businesses sells printed goods to "famous" vendors at comic-cons so I have to put up with that shit all the time. I've been to plenty of after-con parties and the Gamer Pro neckbeards actually get blowjobs. It's insane to consider.

hat it boils down to is that almost no one coming here for the first time is a Beta. They only want to think they are. And almost no one who climbs out of their Omega role is actually an Alpha -- they're just getting to Beta

Fucks and are happy enough with it. Why do so many guys who play Alpha turn out to become Beta Bucks providers? Because they were never Alpha types. They were BF who turned into BB easily. Purchasing love. "Purchasing" doesn't mean financially. Don't think of money in this situation, think of how a beta invests in a woman whereas an alpha rewards a woman who invests in him. Investing/purchasing can mean just putting time in without a hint of reward.

The average TRP redditor is firmly in the "Beta Fucks" role -- they want to think they're alpha, but if HB6+ gals aren't blowing up your phone constantly, you're no alpha. End of story.

Aren't Sigmas Just Alphas?

People always think that an alpha means DGAF but that's not always true. Alphas DO GAF, which is why they put forth so much effort into developing social relationships, they're just willing to walk away at some point. Sigmas really do tend to be disconnected from outcome and socializing more than the Alpha type, but the goals are also very different.

An alpha male has behaviors that lead him to be the center of **social group's** attentions, often the guys who organize events and lead people to attend parties, clubs, or shows.

The sigma male has behaviors and traits that lead him to be the **center of an area's attention**, higher than an alpha, for an elapsed period of time. He is the performing artist that alphas betas and women go to watch perform.

Red Pill Vanguard illimitable man once said"

The PUA is an alpha personality, or at least a wannabe in training. The MGTOW is more a sigma, or sigma wannabe in training. It's the difference between pack leader and lone wolf.

Alphas by nature of being the center of attention are typically extroverts. By definition you cannot be an introverted alpha. You can however, be sigma. There's a lot of semanticism here, but it's all relevant. If you want to understand a classification you've got to be specific.

Alphas are competitive. Sigmas typically do not compete.

Alphas win competition, sigmas win without competing.

Alphas NEED competition, sigmas enjoy it.

The Alpha has an obsession with winning - a hunter killer mindset where failure is not an option. The Sigma believes he can win, enjoys the competition, but will ultimately be unaffected if he loses.

And that's the thing about sigmas - they don't NEED to compete, yet they still end up winning.

A musician is not "competing" they are simply making art that alphas and everyone else enjoy. An alpha, however, is competing for rank. The sigma has rank for being himself and putting his creations out there.

They don't care about being the baddest guy around, being the most sociable or charismatic, being the center of attention, or being the one who is listened to and respected, yet they wind up there by being an interesting and well developed personality with displayable high value traits in the form of art, that people oogle and enjoy.

People submit to alphas. People admire sigmas.

To me, a Sigma seems in a sense somewhat more potentially evolved than an Alpha. They have the power to dominate, but they choose not to, yet still manage to dominate and capture attention through their pursuits, rather

than brute force (forming connections, networking, throwing parties) like the alpha.

Here is a quote from Senior Endorsed Contributor dr_warlock:

What did u expect Mr. Armchair Alpha? Competition at the top is fierce. TRP is filled w/ 'caring leader, moralistic alpha' crap. 'Alpha' has NOTHING to do with morality or making others feel comfortable. TRP clearly acknowledges inequality and advocates it via aspiring to rise to the top, but people still manage to conjure bullshit equality fantasies instead of becoming better themselves.

You wanted to be one of these guys, this is how it is. You have to prove your worth to be included, otherwise nobody gives a fuck. If you want to jump from the crab bucket mentality, you need something that the 'top guys' value.

And that is exactly how sigmas ascend the male dominance hierarchy.

Sigmas provide spectacles of art / creativity that the "top guys" value and enjoy. You tell me who is more valuable - the College athlete who is the alpha of his social circle, or the isolated rock singer who's concert he and his friends are attending.

Senior Endorsed Contributor, MattyAnon stated,

"Sigma is generally regarded as "attractive loner."

Sigmas CAN build a successful social circle, they just don't put effort into it - yet it happens anyways.

Sigmas are invited to hang out within social circles often, but don't do so all the time, and would rather spend time alone or with a lover.

How are Sigmas Made?

Most people who come onto the red pill aren't "Beta" by nature's definition, which is second in command, the Alpha's right hand man.

Instead, most people who come to the red pill are Omegas, or deltas.

Deltas come to the Red Pill to learn how to be Beta, then to learn how to be Alpha.

The common private wants to get promoted to the The Lieutenant, then wants to learn how to be the Captain.

Omegas come onto the red pill to learn how to be a Sigma, which is the result of going through a "Gamma male" phase.

An out-cast bullied loser wants to become the cool suave guy who doesn't give a fuck, but after learning about how "alphas" are treated and the true nature of the sexual market place, goes through a berserk rage phase (anger phase 2.0) that some gammas do not survive from leading to murder sprees. Gammas who are able to internalize Red Pill and Game concepts (whether through natural evolution or assisted learning through this subreddit and similar forums), apply the knowledge combined with introspection to finally become the best version of themselves - a successful outsider.

No longer is he the cities vagabond, the school's handy-capped kid. But rather, he evolves into the traveling bag sales man, or the cool foreign exchange student.

A defining difference between sigmas and gammas/omegas is that the sigma becomes attractive and accepted socially and sexually by providing value, often in the form of art that they produced during their periods of repression/depression, which draws people into their creative frame, and the fact that the sigma does not care

about, or adhere to the social hierarchy causes people to love his freedom and rebellious nature.

Unlike omegas, sigmas always learn the rules of the social hierarchy from observation, but their understanding of them is more of an intellectualized practical grasp than a true intuitive understanding. **They don't struggle with the hierarchy, they only struggle to take it seriously.** Whereas the beta and delta automatically abide by the rules and the gamma resists them, the sigma's usual reaction is one of vague surprise. "You cannot be serious" is the sigma's mantra, and is applied instinctively to everything from an alpha's dominance display to a woman's test. Because whether he abides by the rules of the social hierarchy or fails to abide by them, the sigma doesn't have much of an opinion because he doesn't regard them as applying to him.

Sigmas are strong enough to go against the grain, and resist conformity, and survive it.

You only become a sigma through learning from, and evolving past, being a gamma male, and learning how to stop giving a fuck about relationships, and focusing on passions.

TRP Endorsed contributor Sarcasticus Stated,

I think the alpha/sigma dichotomy can best be summarized as follows:

alpha = extrovert alpha

sigma = introvert alpha

And I agree. You are not "born" an alpha, you become one, or are molded into one, or have it brought out of you. **Men are made, not born.**

Sigmas are natural alphas on the introspective side. Because of their alpha tendencies and mindset coupled with introversion, they are plagued by feelings of hopelessness, despair, worthlessness and live in seclusion - slowly becoming omegas, because they don't understand their own potential for alphaness through the sigma path.

The omega then realizes he should have been something, and goes into a gamma rage, and once he matures past that (if ever) then he becomes a cool sigma, who he should have been from the beginning, and thus starts becoming valuable.

The Clever Question

And I know some of you are clever out there, and will try to throw me off by saying something like "Oh, so my gay neighbor isn't a faggot, he simply has faggot behaviors like fucking another man in his ass!"

Well I got a question for you to ponder, clever boy: If you happen to seduce an attractive, feminine looking, big butted, post-op transexual women, and you fuck he/she in the inside-out dick-pussy, then he/she reveals themselves to be a man, are you the text book dictionary of a homosexual, or are you attracted to the feminine form, and unknowingly exhibited the TRAITS/BEHAVIORS of a butt-fucking faggot?

Are you gay if you fuck a hot looking man that you thought was a woman? No, but you DID exhibit a gay behavior by fucking a man.

Are you an alpha if you create a successful social group? No, but you DID exhibit alpha behavior by answering the call of leadership and creating a tribe people want to be part of.

That man is not a thief, he exhibits the traits and behaviors of one by stealing, and he can change those traits, walk

the straight and narrow, and stop behaving like a thief.

Conclusions and Take aways

It is important to assess what behaviors you exhibit, and where that places you on the hierarchy.

A male who's naturally extroverted would generally do better embracing the path of the alpha as he's more likely to be a natural leader as well as the life of the party. The loud alpha stereotype exists for a reason. His appeal lies in being the leader of the pack whose presence is potentially known by all in the vicinity.

Now if you find yourself to be more introverted (like myself) the sigma route is much better to take. Although he's more quiet than the alpha he's not shy by any means, he just doesn't give a fuck. He, quite literally, does not give a fuck. Little to no effort when it comes to social relationships. The sigma instead uses his creative and artistic outlets to become successful and provide value.

Indifference is one of his primary sources of strength, second to his creativity (which is also why he doesn't tend to get along with alphas who are strangers, as he doesn't play into the alpha's necessary hierarchy of dominance). He's not the loser outsider, he's the cool outsider. He draws his attractiveness from an artistically roguish mystique that women find intriguing and maybe even seductively dangerous if he goes the more rugged route.

"I could totally be an alpha, but I don't wanna! I'm, like, cool and outside the system and shit! No really!"

A common cop out made by betas and omegas who sometimes pose as sigmas for the ego boost. But in reality, Most sigmas never become alpha, and most people aren't sigma. Here's a quick way to tell if you're sigma - you are socially competent, are antiquated with many social circles, you have sexual success with objectively attractive (5+) women, you avoid socializing, but are good at it, you enjoy leading, but do it only when you feel like it, not because you HAVE to lead, you have an outwardly displayable creative and artistic talent, a pianist, a poet, an artist, that garners you attention and admiration. Your art seduces people for you, without you saying a word. You perform on stage with absolute confidence, commanding an audience, even if in smaller social situations you're more reserved. You receive standing ovations for your performances, while others are ignored or booed off.

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UPVOTES

Building Strengths, While Minimizing Weaknesses

16 April 2018 · /r/TheRedPill · Archived copy · Reddit

The following is an excerpt from the script of my next Video featuring Illimitable Man's monk mode concept.

"Concept Four : Building Strengths, While Minimizing Weaknesses."

That phrase is the easiest concept to understand, and in my opinion the most important when it comes to monk mode, yet it's surrounded by plenty of confusion - so let's clarify it right now:

When someone tells you to Build strengths, it means two things:

- First, you need to get better at what you're good at, good at what you're okay at, and so on. If you're a great writer, become an award winning novelist. If you're completely out of shape, be able to bench press a little more than your body weight. If you're a great painter, get your work into galleries. If you're a lousy cook, develop one dish that's orgasmic.

Picture yourself in a suit of armor. You want to develop and show off the strongest most impenetrable sections of it, while ensuring the rest of you is at the very least, up to par, because you're only as strong as your weakest link.

The idea behind this, is you're gonna wanna focus MOST of your energy on pursuits you have a natural affinity for - and your remaining energy on improving things you suck at.

This is known as the pareto principal, the 80/20 - 80 percent of your results come from 20 percent of your actions.

Lets say you have five hobbies, painting, writing, running, bike racing, and skydiving. All of these are fun, make you more interesting, but you happen to be really good at running - you got long legs, lungs stronger Usian's bolts... Running is the 20%, and it will bring you 80% of your life's results, a healthy body, a strong group of athletic friends, access to high status events and potential to win universally recognized accolades, and tons of bitches, all of which you never would have had the potential for in your other amaetur hobbies...

However, before you can reach those heights of greatness that comes to having a formidable strength you must understand the second meaning of the phrase "Building Strengths..."

- Two : YOU MUST PUT YOURSELF INTO POSITIONS TO DEMONSTRATE YOUR STRENGTHS!

What good is it to be an amazing juggler if you never show anyone you can throw 17 burning knives between your hands blindfolded? Sounds impressive and amazing as fuck, but nobody gives a fuck about what they can't see! Pics or it didnt happen bro!

It is critical for your development as a victorious man, to demonstrate your skills and strengths through victory in competition and battle. **This is the only way for you to gain true confidence**, and feel that you are a master of your craft, hobby, or pursuit.

As you put yourself out into the world, you will find challengers who emerge from the woodworks, almost from thin air, as the universe itself were testing your abilities - okay I got carried away there but that's the way this actually feels like.

If you've only ever light-sparged, you will never know how you will handle an all out fight, and I guarantee you will panic or at the very least be stressed out. There is a difference between practice and the real thing.

The only way you can honestly tell yourself that you have a strength is if you put it to the test, and win.

We ain't out here trying to build skills that we keep as hidden secrets, talkin all that *"as long as I know I'm good, that's all that matters"* bullshit - that's some beta male bitch shit, put yourself out there. We here to WIN nigga. Fuck.

Another great way to ensure victory is by Minimizing weaknesses.

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- If you're bad at something, work on it until you're atleast okay at it.

If you don't know a damn thing about cars, AT THE ABSOLUTE VERY LEAST have a company on file you can call to help you out if you blow out a tire. Now you're not COMPLETELY clueless, you minimized that weakness.

Don't know how to do laundry? Cant be bothered with learning? Hire a maid.

There are multiple solutions to a problem to achieve the desired outcome. Not every man is capable of lugging 300LB boxes back and forth for hours on end - so some guy invented a push cart.

He minimized his weakness in physical fortitude by building and emphasizing his strength in cleverness.

However, do not mistake this for foolish vulnerability. There is nothing noble about exposing yourself. You will gain nothing.

- REMOVE YOURSELF FROM SITUATION WHERE YOUR WEAKNESSES ARE EXPOSED!

You don't go around flashing your weakest links to your enemies do you? Why would you, unless you're looking to get killed!

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Both aspects of the concept, of building strengths while minimizing weaknesses, are built on the foundation of the following premise:

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Arnold couldn't have Nietzsche's literary genius, and Nietzsche couldn't reach Arnie's physique even if he tried.

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^Some ^quick ^disclaimers ^for ^any ^autists ^who ^might ^be ^out ^there ^-

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^Seduction ^is ^not ^a ^weakness ^that ^you ^must ^hide ^either, ^it ^is ^a ^strength ^that ^must ^be ^built, ^just ^like ^your ^body. ^Pick ^up ^is ^encoded ^into ^our ^DNA, ^every ^single ^one ^of ^us ^are ^here ^as ^a ^result ^of ^one ^of ^our ^ancestors ^busting ^a ^fat ^nut ^in ^some ^hoes ^butt. ", "selftext_html": "

The following is an excerpt from the script of my next Video featuring Illimitable Man's monk mode concept.

"Concept Four : Building Strengths, While Minimizing Weaknesses."

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Picture the suburban white kid trying to act hood, who goes into the actual hood and gets robbed.

Don't let that be you.

Some quick disclaimers for any autists who might be out there -

All men are meant to lift heavy shit. I've seen guys without legs who are stronger than most college kids. Being strong is a male STRENGTH. Some guys are just stronger than others.

Seduction is not a weakness that you must hide either, it is a strength that must be

20
UPVOTES

Leftist Liberal Communists Unironically Call For American Reeducation Camps For Racists And Sexists (And whatever else falls under their agenda.)

20 April 2018 · /r/TheRedPill · Archived copy · Reddit

This is partially off-topic for typical red pill posts, and if mods feel this should be removed, I understand.

I was browsing Facebook and I saw the latest "two black males thrown out of a starbucks," story.

Nothing out of the ordinary - whether that's right or wrong is up for debate.

I kept scrolling through facebook, and I noticed an eerie pattern.

Every 5~ posts, there was another, brand new, "X Black men kicked out of Y establishment" post. All promoted by the same "news" pages - NTD life, "theroot" and more... and they all follow a clever checklist too :

minority, or woman, wronged against by white male

I never see white on white crime, nor black on black crime, or even minority on woman crimes, on mainstream media. Lately, it's all been white males perpetuating acts of violence. Even with police brutality, it's always been white cops beating women or minority males.

I notice, all these stories spring up at once - they are carefully selected stories meant to push a narrative onto those who are incapable of seeing past the magicians tricks - they believe magic to actually be real. The useful idiots.

And Then I saw it.

Normal, everyday people, actively demanding for re-education camps for those who do not agree with, or fit into, the narrative.

There are people out there, demanding to have YOUR freedoms taken away from you, for daring to be against the social justice movement.

What does any of this have to do with YOU?

With male sexual strategy?

You cannot reproduce if you're the enemy.

Feminism, just like any social - ism or social - phobia, was made under false pretenses.

Racism isn't about equality, it's about minorities trying to become powerful, and superior.

Islamophobia isn't about justice, it's about Islamic people imposing their will on others, and gaining rule of law.

Feminism isn't about equal rights, it's about female superiority.

Do not be fooled.

Your news is being spoon-fed to you - find the truth for yourself.

Your women are being brainwashed into standing against you - lead them.

Your voice is being censored - do not be afraid to call out that which is wrong.

Don't let the narrative be made for you - learn to recognize the patterns, get your hands on the actual script.

With starbucks initiating store wide "racial bias and sexual profiling" training courses, and other businesses

conducting "sexual harrasment at the workplace and you" video seminars (which are really just shaming men for being attracted to hot females) who knows what's down the line, especially with the common filth perpetuating this slave morality. Who knows what's next.

"First they came for my neighbors, and I said nothing. Then my brother, and I said nothing then for me, and no one was there to say anything."

Train yourself - the filth want to disarm you in 4 ways :

- 1.) Revoke your right to protect yourself with weapons, or at all.
- 2.) Remove your ability to speak freely.
- 3.) Destroy your ability to think for yourself, or to think anything other than the party's directives.
- 4.) Shame you for being a sexual creature without their permission.

^^Sounds ^^like ^^fucking ^^orwellian ^^1984 ^^huh...

Godspeed on that non-censored reddit, RedPillSchool

128
UPVOTES

Urbmensch Mode - The Animated Video - (Combined With IM's Monk Mode)

27 April 2018 · /r/TheRedPill · Archived copy · Reddit

I animated a top all time red pill post - "Urbmensch Mode," and combined it with illimitable man's monk mode ideas.

This is going to be different from my usual animated video posts, as I will be posting the script as well as the link to the video version.

[Click here to watch the Urbmensch Mode animated video.](#)

I've been creating these red pill animated videos for some time, and have been working with a few EC's, like Rian Stone and Rollo Tomassi.

For this video, I was working closely with EC (censored), and did my best to cover the most important topics of his post, Urbmensch Mode.

In case anybody is wondering, I do have EC \censored\ full support to animate his ideas.

If any mods would like to see the uncensored version, I'd be happy to provide it.

THE SCRIPT

Monk-mode, is an easy to understand concept, and, when implemented, will lead, to direct life-long success.

Success, is contingent upon understanding the basics of your pursuit.

A champion boxer - before he learned how to throw combos, was being taught how to breathe, and how to move.

If you don't know what "monk mode" is, then here's a very quick recap:

Monk mode is a noun - it means:

"Mitigating distractions and focusing on introspection, and self-improvement for a given period of time. Working on the body, mind, and soul."

- The Red Pill Glossary

Concept - The Balancing Act

Your life is finite.

The most valuable resource a man has in his arsenal, is his time.

Where a man decides to invest his time, is the difference, between a loser, and a winner.

In order to live an optimized, victorious life, one must balance their time, between winning in real life by testing your skills. Training for the future by building yourself up, and recovering from the past, as in, having fun, relaxing,

and giving yourself time to rest.

An unhappy, dissatisfied, and over-worked life is a result of living improperly balanced.

You don't wanna end up like the guy who smokes weed all and does nothing, or how 'bout the guy who lifts 7 days a week, and looks exactly the same as when he started. And lets not forget the man who spends all day working, then complains about not having friends, or girlfriends.

All these guys are examples of unbalanced lives, and I promise, they all result in the same outcomes :

UNHAPPINESS.

The problem they suffer from, is they're unable to properly balance their time! So you know what they do instead? They either bet all their chips at once, on ONE roulette slot, or They let their time waste away until it's dead.

DEAD TIME

Dead Time, is any time not spent growing or recovering.

Wasting time is the worst thing you can do for your development as a human.

You know what me feel GUILTY, when I could be doing something productive, but I waste my time instead.

"A man who respects time, disrespects himself for wasting it. If an ambitious man is productive, he is happy, if he's not, he isn't; he doesn't achieve because he wants to, but rather, because he has to. This is the way his life must be, for if his happiness were not tied to his productivity, his life would not be worth living."

- The words of Illimitable Man
-

The winners of this world make sure that their entire day, down to the second, is filled with effective and productive time use. The mediocre, the ignorant, they don't have dreams, they don't have ambitions, they just wander, in a sleep walking daze through life.

Do you wanna be like that? Obviously not, that's why you're here - You're better than that! Don't kill your time.

Here are some examples.

Your workout schedule is Mon/Wed/Fri. Tuesday and Thursday are not wasted days, they're just days you spend recovering and rebuilding muscle. To train on these days is detrimental. This is not dead time.

But, if you begin skipping workout days when you're refreshed and capable of building; That's time that could be useful, literally, dying, in your hands.

Another example, ya just finish a stressful day at work, but you achieved a lot. You get home, turn on netflix and watch 4 hours worth of shows, take a warm bath, and read a book while listening to chill-hop. This is not Dead Time.

You're recovering from the hardships of the day, and taking a breather while healing yourself.

But then the weekend comes around, and you wake up refreshed and ready to tackle the day. Instead, you continue to watch Netflix. That, my friends, is Dead Time, you are not recovering, and what you're doing is not useful.

You're murdering time.

BALANCING YOUR TIME

So, how do you balance your time?

Find what you're good at, and what brings you the most results in your life, then balance your life around those areas and hobbies.

You have to define what activities, YOU think are important and beneficial, to your life, and spend your time doing that.

If you find yourself doing something that doesn't benefit you, then your time is misbalanced and you need to cut that out!

This concept, isn't hard to get.

Your mission now, is to assess your day, and try and realize how much of your time, is really Dead Time, scrolling through facebook or fucking around doing nothing.

I guarantee you it will be too much, and then, you will cut it down, and replace it with what is actually important and productive in your life.

But hey, dont take what I said and become a workaholic!

REST

Rest is very important.

Like I said, proper breaks, and fun, is vital! Let yourself hang out with your friends and talk about dumb shit, goofing off.

Give yourself the freedom to call over that hot girl, and just fuck her brains out!

There is such thing as "working too much."

Every single culture in the world has a concept of a "Day of Rest", a day where you just stop, take a breather and relax for a while.

Use this day of rest as a cheat day, allow yourself to do the shit that you know is bad for you. This is your day to do absolutely nothing, and just shut down.

If you wanna fap, go for it, if you wanna smoke or drink, do so, if you wanna binge netflix or play videogames, go ahead, who cares.

Here's the funny part about this, As long as you keep these indulgences compartmentalized to one day, the urge to indulge on any other day, will diminish. And Eventually, you'll find your day of rest, starts to become more productive.

Lets say, you drink vodka after a long week of work. As time goes on, you'll slowly realize, you don't even really WANT the booze anymore.

Balancing your life, will improve your happiness, and help you realize what your priorities are in your life.

Concept - Building Strengths, While Minimizing Weaknesses

This phrase is simple to understand, and in my opinion the most important, yet it's surrounded by confusion - so let's clarify it right now:

When someone tells you to Build strengths, it means two things:

First, Get better at what you're good at, good at what you're okay at.

Second, put yourself in positions to demonstrate your strengths.

If you're a great writer, become an award winning novelist. . If you're a great painter, get your work into galleries. If you're a lousy cook, develop one dish that's orgasmic, and a few others that are alright.

Your being, is a castle. You want to develop, emphasize, and show off the most beautiful, strongest, impenetrable sections of the castle, while ensuring the rest is, at the very least, up to par, because you're only as strong as your weakest link.

Jack of all trades, master of one. <- That's your motto.

You're gonna wanna focus MOST of your energy on pursuits you have a natural affinity for - and your remaining energy on improving things you suck at.

This is known as the pareto principal, 80 percent of your results come from 20 percent of your actions.

If you have five hobbies, and one of those benefits your life in endless ways while the others are just for fun - you know where and how you must balance your time.

But hey, Before you bring guests to your castle, the damn thing's gotta be worth seeing.

That means, Develop and hone your talents in private.

That way, you'll avoid any unnecessary failures. If you're a pianist, you're not gonna wanna practice your song for the first time, in front of a live audience, unless you wanna look like a retard.

Build your skills in private, then take your skills and show them off to the world.

That's stage 2 of "Building Strengths..."

YOU MUST PUT YOURSELF INTO POSITIONS TO DEMONSTRATE YOUR STRENGTHS!

This is so easy, and fun!

Just hang out in places and situations where you excel and are perceived as the leader and alpha. Got an amazing physique? Go to the beach. You're a concert pianist? Play at an airport piano. Be in areas that showcase your skills.

What's the point of being an amazing juggler if you never show anyone you can throw 17 burning knives blindfolded? Sound impressive, but nobody gives a fuck about what they can't see!

It is critical for your development as a man, to demonstrate your skills and strengths, and then succeed in competition and battle.

This is the only way to gain true confidence. The only way you can honestly tell yourself, you have a strength, is if you put it to the test, and win.

As you put yourself out into the world, you'll find challengers & contests, emerge from the woodworks, as if the universe itself were testing your abilities - these challenges are benchmarks you must conquer to continue on in life.

We aint out here trying to build skills that we keep as hidden secrets in the bat cave, talkin all that "as long as I know I'm good, that's all that matters" bullshit - that's some beta male bitch shit. We out here to WIN nigga.

Minimizing Weaknesses

Going back to your castle, you are only as strong as your weakest links.

To minimize your weaknesses, you must do two things:

1st You gotta get okay at you're shit at.

2nd, YOU GOTTA REMOVE YOURSELF FROM SITUATION WHERE YOUR WEAKNESSES ARE EXPOSED!

You don't go around flashing your weak points to your enemies do you? Why would you, unless you're tryna get killed!

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Remember, your time, is finite. Don't waste your time doing things you suck at.

If you're a terrible cook, you probably won't end up the next chef Ramsay, but I guarantee there's a talent you have, that if Ramsay tried, you'd fucking destroy him.

Which leads us to the conclusion:

BE THE STRONGEST VERSION OF YOURSELF.

Arnold could never be as smart as Neil Tyson, and Neil couldn't reach Arnie's physique even if he tried. In the same notion, you're not like them either, but I guarantee there's something you could do that would completely school them.

Don't be something, or someone, you're not, like the suburban white kid trying to act hood, then goes into the actual hood and gets robbed. He ain't bout that life.

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Instead, focus your time on figuring out what you're good at, and place yourself in situations where you excell and demonstrate your strengths and skills.

And With all this time spent developing yourself into the best man you can be, remember to balance your time, and give yourself a chance to rest.

There is nothing wrong with enjoying life.

Get out there and win.

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Do you wanna be like that? Obviously not, that's why you're here - You're better than that! Don't kill your time.

Here are some examples.

Your workout schedule is Mon/Wed/Fri. Tuesday and Thursday are not wasted days, they're just days you spend recovering and rebuilding muscle. To train on these days is detrimental. This is not dead time.

But, if you begin skipping workout days when you're refreshed and capable of building; That's time that could be useful, literally, dying, in your hands.

Another example, ya just finish a stressful day at work, but you achieved a lot. You get home, turn on netflix and watch 4 hours worth of shows, take a warm bath, and read a book while listening to chill-hop. This is not Dead Time.

You're recovering from the hardships of the day, and taking a breather while healing yourself.

But then the weekend comes around, and you wake up refreshed and ready to tackle the day. Instead, you continue to watch Netflix. That, my friends, is Dead Time, you are not recovering, and what you're doing is not useful.

You're murdering time.

BALANCING YOUR TIME

So, how do you balance your time?

Find what you're good at, and what brings you the most results in your life, then balance your life around those areas and hobbies.

You have to define what activities, YOU think are important and beneficial, to your life, and spend your time doing that.

If you find yourself doing something that doesn't benefit you, then your time is misbalanced and you need to cut that

out!

This concept, isn't hard to get.

Your mission now, is to assess your day, and try and realize how much of your time, is really Dead Time, scrolling through facebook or fucking around doing nothing.

I guarantee you it will be too much, and then, you will cut it down, and replace it with what is actually important and productive in your life.

But hey, dont take what I said and become a workaholic!

REST

Rest is very important.

Like I said, proper breaks, and fun, is vital! Let yourself hang out with your friends and talk about dumb shit, goofing off.

Give yourself the freedom to call over that hot girl, and just fuck her brains out!

There is such thing as "working too much."

Every single culture in the world has a concept of a "Day of Rest", a day where you just stop, take a breather and relax for a while.

Use this day of rest as a cheat day, allow yourself to do the shit that you know is bad for you. This is your day to do absolutely nothing, and just shut down.

If you wanna fap, go for it, if you wanna smoke or drink, do so, if you wanna binge netflix or play videogames, go ahead, who cares.

Here's the funny part about this, As long as you keep these indulgences compartmentalized to one day, the urge to indulge on any other day, will diminish. And Eventually, you'll find your day of rest, starts to become more productive.

**Lets say, you drink vodka after a long week of work. As time goes on, you'll slowly realize, you don't even really WANT the booze anymore. **

Balancing your life, will improve your happiness, and help you realize what your priorities are in your life.

Concept - Building Strengths, While Minimizing Weaknesses

This phrase is simple to understand, and in my opinion the most important, yet it's surrounded by confusion - so let's clarify it right now:

When someone tells you to Build strengths, it means two things:

First, Get better at what you're good at, good at what you're okay at.

Second, put yourself in positions to demonstrate your strengths.

If you're a great writer, become an award winning novelist. . If you're a great painter, get your work into galleries.If you're a lousy cook, develop one dish that's orgasmic, and a few others that are alright.

Your being, is a castle. You want to develop, emphasize, and show off the most beautiful, strongest, impenetrable sections of the castle, while ensuring the rest is, at the very least, up to par, because you're only as strong as your weakest link.

Jack of all trades, master of one. <- That's your motto.

You're gonna wanna focus MOST of your energy on pursuits you have a natural affinity for - and your remaining energy on improving things you suck at.

This is known as the pareto principal, 80 percent of your results come from 20 percent of your actions.

If you have five hobbies, and one of those benefits your life in endless ways while the others are just for fun - you know where and how you must balance your time.

But hey, Before you bring guests to your castle, the damn thing's gotta be worth seeing.

That means, Develop and hone your talents in private.

That way, you'll avoid any unnecessary failures. If you're a pianist, you're not gonna wanna practice your song for the first time, in front of a live audience, unless you wanna look like a retard.

Build your skills in private, then take your skills and show them off to the world.

That's stage 2 of "Building Strengths..."

YOU MUST PUT YOURSELF INTO POSITIONS TO DEMONSTRATE YOUR STRENGTHS!

This is so easy, and fun!

Just hang out in places and situations where you excel and are perceived as the leader and alpha. Got an amazing physique? Go to the beach. You're a concert pianist? Play at an airport piano. Be in areas that showcase your skills.

What's the point of being an amazing juggler if you never show anyone you can throw 17 burning knives blindfolded? Sound impressive, but nobody gives a fuck about what they can't see!

It is critical for your development as a man, to demonstrate your skills and strengths, and then succeed in competition and battle.

This is the only way to gain true confidence. The only way you can honestly tell yourself, you have a strength, is if you put it to the test, and win.

As you put yourself out into the world, you'll find challengers & contests, emerge from the woodworks, as if the universe itself were testing your abilities - these challenges are benchmarks you must conquer to continue on in life.

We aint out here trying to build skills that we keep as hidden secrets in the bat cave, talkin all that "as long as I know I'm good, that's all that matters" bullshit - that's some beta male bitch shit. We out here to WIN nigga.

Minimizing Weaknesses

Going back to your castle, you are only as strong as your weakest links.

To minimize your weaknesses, you must do two things:

1st You gotta get okay at you're shit at.

2nd, YOU GOTTA REMOVE YOURSELF FROM SITUATION

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UPVOTES

Is That Your Belief?

3 May 2018 · /r/TheRedPill · Archived copy · Reddit

Your thoughts, your beliefs, are your frame, and your LIFE

^Understanding ^that ^your ^beliefs ^are ^the ^conscious ^and ^subconscious ^directors ^of ^your ^life ^is ^understanding ^what ^frame ^really ^means.

When I was younger, my dad told me I would never be big and strong.

In what way would believing him, have helped my life?

I ignored his comment, or in other words, *my frame was undamaged*.

I've met many people with limiting beliefs, I've dealt with them myself.

"I'll never be muscular, I don't deserve it, no genetics for it."

"I'll never get girls, I'm not tall or handsome enough."

"I can't run a business. I'm not creative or cunning enough."

"I'll never have friends, I'm not charismatic enough. I don't know how to lead. I bring no value to the table."

I dealt with those exact beliefs, until one day, I asked myself a simple and important question:

"In what way does believing those thoughts help my life?"

It doesn't! In fact, they did the opposite and robbed me of irreplaceable time and missed opportunities.

After realizing *My own thoughts* were being weaponized against me, I asked another simple and important question:

Why do I think that? Who, or what, put that belief into my head?

And I started thinking, tracing back the origins of that thought. "I'll never get girls cus I'm not 10/10 Chad."

Hollywood taught me that, and I was the fool who believed it.

There's two sides to the Blue pill delusional coin:

- 1.) The idea that being subservient to females is what gets you "the" girl.
- 2.) The idea that only 10/10 smooth, charming, muscular, facially aesthetic, rich, demi-gods get to have the girls.

It's a fantastical representation at best. But that's all it is: *a fantasy*.

"How do my beliefs align with real life?" I asked myself that final question, and I saw the truth:

I didn't have to be a 10/10 Chad to get girls. I was fucking girls by being awesomely me. I was already "handsome enough," or "tall enough" to fuck these pretty cute chicks. Sure, being more muscular, taller, whatever, it would help, but I was getting results from where I was NOW.

We could do this for all those limiting beliefs:

- I'll never be big and muscular
- my dad sold me this thought
- I'm more muscular than I was before and still have room for growth

BOOM. Limiting belief blown right out the fucking water.

You can too, I'd bet.

A lot of people just don't acknowledge it. A perfectionist complex developed a long time ago - a skewed bias to fixate on the minor mistakes rather than the grand victories.

Like a comedian who dominated his set, but after the show, he forgets the laughs, the standing ovation, the girl trying to get his number, and he just remembers that one joke that completely bombed.

A negative bias. He missed the forest for the trees.

And what good does that do him?

Note the difference between:

"I can't believe I fucked up that joke,"

Vs.

"Man I DESTROYED that set. I could've did better on that joke though."

Which thought process, do YOU think, will lead to a better life?

The same can be said for the red pill/blue pill coin.

Red pill, putting yourself before others / blue pill, putting others before yourself.

Which one of those modes of living, do you think, will result in a better, more authentic life? To go further...

You need a certain amount of fanatical delusion to believe that you can get girls while still being ugly and deformed... **but hey, it worked for this guy!**

But either way, *you're gonna have to believe in SOMETHING*, and the belief that you can be ugly and still get laid is LEAGUES above the belief that if you're ugly, you're doomed to die a sexless virgin.

People who believe their negative self-talk are victims of themselves. Can you imagine how sad that is? To lose to your own thoughts?

Here's a simple way to recognize a victim, or a fucking LOSER:

Give them a path to success, and watch them conjure up their own obstacles.

"You're ugly and short? Become famous like this guy, and you can get a steady girlfriend."

"I can't, I don't have the personality to be famous."

"Okay, the limelights not for everyone, but you could start a business, become rich, and fuck 10/10 Colombian stunners for 40\$ a pop ^^a ^^nut !"

"no I can't do that, I don't have good enough ideas to get rich. Plus it's too hard, I guess I'll never get laid. Fuck this gay earth."

"Here's the red pill bro, an actual guide on how to live a better life and get some pussy."

"Nah, too hard, not enough genetics, negative canthal tilt..." or whatever other excuse they conjure up.

Fuck you and your gayass beliefs. That is a LOSER. He believes himself to be one and Will not let his internal paradigm be shifted by external factors. How can he get rich, he's a loser!

Another one, the guy who won't take his girl to the gym *because he is afraid his girl will ditch him for a more muscular guy.*

The subtext of that belief is the man is such a loser chump, his girl will ditch him at the first sign of a more muscular man.

Fuck that gayass belief. What are you gonna do, lock the girl in a cage so you have no competition? Look at where that belief stems from : SCARCITY AND FEAR.

Here's how I see it:

Opportunity to get physical.

Opportunity to lead.

Get her hot and bothered by being surrounded by testosterone and muscle heads, then go home and fuck her brains out.

Give her some rope to see if she hangs herself.

All better thoughts than being a scarcity minded loser.

Do you think You're a loser? Is that your belief?

Is that *YOUR* belief?

What made you think that? Who told you that?

Are you going to just believe what other people say? Let their projections dominate your thoughts and steer your life?

Think of all the ways that idea is WRONG and tell them to fuck themselves with their gayass thought.

Here's a way to find limiting/abundant beliefs.

First, think of a concept, like love, or a thing, like money.

We will go with money.

Now, grab a pen, a paper, and write money on the top.

After that, write numbers down the page, 1 through 10.

Read the word money, and Next to the number 1, write down the first word or thought that pops into your head.

Give yourself 3 seconds to rest, and do it again, 9 more times.

The words or phrases you write are telling.

After that, question where, or why those thoughts popped up.

About 4 years ago, I came up with words such as "hard" or "rare," and also "easy."

My mom would always say getting money is easy, but my dad would say getting money is hard, and you shouldn't

spend it cus it's rare.

After recognizing other people living through my thoughts, I had the opportunity to change it, or keep them, and now here's what I think of:

"Easy, fun, cool, save."

One final way to recognize limiting beliefs, and begin the process of destroying them for Good

Think of a desire of yours, money, looks, fame, girls, health -

We'll go with health. I'm sure you want a healthy, strong, vital and muscular body. I know I do.

Here's the question though, *do you believe you deserve what you want?*

If the answer is ANYTHING other than "Of fucking course I deserve what I want!" Then you got internal work to do.

Use the paper process I gave above to figure out why you believe you don't deserve what you want from life.

If you don't believe you deserve what you want, you will sabotage yourself, or not even begin the journey to achieving what you want.

Once you are able to heal your internal self, once you feel you deserve good things for yourself in life, you can put those beliefs into action, and begin imposing your beliefs, imposing your will, on the Earth.

Thoughts have power over our lives.

Everyone has power over their own thoughts.

It's right there, waiting for your claim.

Just take it.", "selftext_html": "

Your thoughts, your beliefs, are your frame, and your LIFE

Understanding that your beliefs are the conscious and subconscious directors of your life is understanding what frame really means.

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UPVOTES**I Don't Have Time For Women**8 May 2018 · /r/TheRedPill · Archived copy · Reddit

Today, I realized two things:

1. Girls and Women want to fuck men.
2. Men don't have time for either of them.

I've been getting into the groove of Monk Mode, diving into schedule planning (I like to call it war-mapping), mapping out my days and times, re-allocating wasted time doing nothing (i.e. TV/youtube) into more productive pursuits like learning and creating.

I was re-evaluating my macro-nutrient goals, preparing some fish on the stove, eating it up in a hurry to head for the gym, then I remembered I planned to see a FWB today.

"Fuck," I said to myself.

I have other things to do. I just like to bust. Argh.

This is why plates are wonderful. You take a good looking, basic-ass bitch with nothing to offer other than a tight wet hole and two round sacks of fat on her behind, I love to watch'em jiggle... then give her a taste of Good... Hard... man dick - you spare her your time - and then you go and take her home. Nut busted, time-freed!

Still, there's always a diamond in the rough, a woman who isn't a complete degenerate - or at least has potential.

When she's around, (or any other girl for that matter,) I enjoy some awesome sex, have a helping hand to clean and cook, and sometimes have them make art with me.

There's really nothing else I need them for.

Yet they need me for everything.

I'll be working on Art, or trying to sleep, trying to watch something informative, and they rub up on me, like an attention-starved pussy-cat. "Come play with me. Lets go to the park! Let's go out to eat! Let's go to a party! Come look at me! Come touch me! Am I pretty?"

Bitch I'm tryina chill and make some fucking videos. How about you sit there and put your talents to good use for me.

And she pouts, brings out her drawing tablet, and starts to work for her Daddy.

If it weren't for this particular FWB having immense artistic ability, and being able to help me create, I would keep her around for 2-3 hours, enough for 1-3 rounds of shags, cook/clean, then drop her off at home.

Luckily, she decided to rise above the mediocre filth known as the "standard western woman" and cultivate a worthwhile trait.

Still, I'm annoyed by her sporadic nagging, bitching, whining... amused by her emotional malleability, her instinctual drive to seduce me as she wakes me up at midnight by rubbing her butt on me, her need to impress me and earn my validation, behaving like a loving, and curious child, wanting to go do this and that - bitch I've got my

own life to live - and this drives them CRAZY!

If you wanna come with Daddy to the bank, come, you're welcome to. But Daddy's not going to take a 20 mile detour for you to scream for new toys in a closing down Toys R Us.

If you behave well at the bank, I'll let you have a lolipop - whatever kind you want.", "selftext_html": "

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There's this cute lil gym thottie I see when I lift - big butt long curly brown hair and a middle eastern tanned complexion.

She's always hovering around the buff dudes.

Every single time.

Today, I watched her bounce from THREE different swole guys and collect the three of their numbers.

She's not the only one who hovers and flirts with the jacked guys, but she's the only one I've seen who's brazen enough to flirt and collect three numbers from guys back to back, one right in front of the other.

She was trying too - Lifting up her shirt to show her "abs" (there weren't any, but there was a pretty Naval ring she *forgot* to take out.) Turning around and demonstrating a perfect form squat, then touching their arms.

Basic TRP theory unfolding before my very eyes.

- Become the prize and women will throw themselves at you, even the hot ones.
- Being in the top 20% of your surroundings will have women throwing themselves at you (all the guys she ran up to were the buffest)
- Even hot "stuck up" girls turn into giggly teenagers around men they find hot.
- be attractive, don't be unattractive
- Flirting, disturbing someone's workout, and unsolicited touching is okay as long as a hot girl is doing it.
- Women only offer their body and charms as a means of seduction
- gym bunnies are partially retarded and do things for attention
- EVEN IF YOU'RE HOT, THE GIRL IS STILL GOING TO EXPLORE HER OPTIONS... she'll gather other plates and backups. She probably ranked those 3 guys from most to least fuckable.

Now, for random thoughts.

Getting laid is like selling Windows door to door.

You're going to knock on about a hundred doors a day which means you're going to talk to about a hundred pussy's a day.

70 of those doors will stay closed in fact some of the homeowners will peek out the window and then run away so you don't see them. 70 of those pussies will automatically friends zone you.

30 doors will open, 30 pussies will have a trickle of Interest slime out of their slit.

25 of those open doors will transition into great conversations. 25 of those interested pussies will evolve into bantering and flirting.

15 of those homeowners will agree to give you their contact information. The pussies do the same.

10 of those homeowners agree to set an appointment for a consultation either on the spot or in the future once you

give them a call. 10 of those pussies agree to an impromptu date or accept a date once you schedule it.

Three homeowners cancel before the appointment. Three pussies flake.

The other seven homeowners stick to the plan and invite you over to demonstrate your product. 7 pussies show up to the date to see if they should spread wide.

Four homeowners consider, and say they're interested and they'll buy it, they just don't have the money now. 4 pussies say how about we go out another day things are going too fast and it ends in a kiss close.

The other three homeowners buy the product on the spot. The other three pussies let you slide in with open welcome legs and lips.

Two of those homeowners become repeat business and have you over to replace the rest of their windows. Two of those pussies start to Crave You and have you stuff each one of their holes. No anal yet.

One of those homeowners becomes a loyal customer and decides to have you over and replace every single one of their components with your product. One of those pussies becomes a loyal plate always willing and ready to take your dick until it finally breaks. Yes, even anal.

This is the experience of the average salesman. The average Seducer.

As you improve your sales skills and charisma, as you improve your sexual market value, you'll be able to turn more and more open doors into loyal customers, and more and more interested pussies into ready and willing fuck holes.

Shit, if you're really good or have some kind of outstanding feature like six foot four or super duper hot face you might be able to turn an Open Door into a fuck hole too!

Random Thought 2

Women are like baking a pie.

For the beginning, they're too early, not ready, and opening them up and eating them early will result in a whole lot of trouble and disappointment.

If you wait way too long they start to shrink shrivel up and dry out. They may turn into ash and vanish, or They might even burn down your whole fucking house.

But in the middle... that sweet, sensual middle, right on the cusp of stop being early's my preference... now that is a delicious pie, steaming hot... melts in my mouth... and tastes *sooo* good...

Just some fun analogies. Doesn't all have to be gloom and doom", "selftext_html": "

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You're going to knock on about a hundred doors a day which means you're going to talk to about a hundred pussy's a day.

70 of those doors will stay closed in fact some of the homeowners will peek out the window and then run away so you don't see them. 70 of those pussies will automatically friends zone you.

30 doors will open, 30 pussies will have a trickle of Interest slime out of their slit.

25 of those open doors will transition into great conversations. 25 of those interested pussies will evolve into bantering and flirting.

15 of those homeowners will agree to give you their contact information. The pussies do the same.

10 of those homeowners agree to set an appointment for a consultation either on the spot or in the future once you give them a call. 10 of those pussies agree to an impromptu date or accept a date once you schedule it.

Three homeowners cancel before the appointment. Three pussies flake.

The other seven homeowners stick to the plan and invite you over to demonstrate your product. 7 pussies show up to the date to see if they should spread wide.

Four homeowners consider, and say they're interested and they'll buy it, they just don't have the money now. 4 pussies say how about we go out another day things are going too fast and it ends in a kiss close.

The other three homeowners buy the product on the spot. The other three pussies let you slide in with open welcome legs and lips.

Two of those homeowners become repeat business and have you over to replace the rest of their windows. Two of those pussies start to Crave You and have you stuff each one of their holes. No anal yet.

One of those homeowners becomes a loyal customer and decides to have you over and replace every single one of

their components with your product. One of those pussies becomes a loyal plate always willing and ready to take your dick until it finally breaks. Yes, even anal.

This is the experience of the average salesman. The average Seducer.

As you improve your sales skills and charisma, as you improve your sexual market value, you'll be able to turn more and more open doors into loyal customers, and more and more interested pussies into ready and willing fuck holes.

Shit, if you're really good or have some kind of outstanding feat

2,794
UPVOTES

Talking With Women - Always DARE, Never DEER

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Defend, Explain, Excuse, Rationalize...

The Four Horsemen of the argument apocalypse.

The surest sign of doom's arrival is the scornful tongue lashing from a toothed vagina. Once a woman in your presence argues with you, or tests you - the horsemen are coming to your doorstep.

When you feel the tremoring gallop of these riders approaching, you'd best close the white gates of your mouth, and seal them with your lips.

If they've already arrived, the conversation, as you know it, is over.

The mighty tides of white colored pussy cream, dried in an instant - rendered into friction filled dunes of dry-crusted sand.

The tingles, are gone.

From there, the arousing conflict transforms into a contest of how much power you will surrender to your adversary, the fair-faced, bearded clam.

The sin of entering arguments, or DEERING with women, will happen in 4 ways - each unique in both appearance and punishment.

Learn them well, and avoid them.

Defend - *The first Horseman*

Being defensive is NOT to be confused with defending oneself from a real threat, like a physical attack, an attack to your character by ad hominem, or an attack against your ideas or beliefs.

Defensiveness is a psychological response to perceived or imagined threat or attack to one's sense of self.

• What "Defend" Looks Like

Examples Are Italicized

"I bet you say that to all the girls." --- *"What, are you calling me a man-whore or something? I don't do that!"*

"How could you not know where the spoons are?" --- *"I looked fucking everywhere for them!"*

"Dude, are you mad? Your face is all red and you're foaming at the mouth." --- *"I am NOT angry! Why would you assume that! Maybe YOU'RE angry!"*

"You really suck at having sex, babe." --- *"What? But every other girl I've been with said I'm amazing! You're the one who sucks."*

"You went and bought WHAT without talking to me about it?!" --- *"But baby, I know I made the right call, look at all the benefits of this decision, don't you agree? Tell me why you disagree!"*

"Only an idiot reads the red pill." --- *"What? How DARE you question the red pill?! You're just a bloopie faggot!"*

"I wish you would start doing the dishes." --- *"I wish you would stop being so goddamn annoying!!"*

"You suck." ---- *"Why would you even say that about me? I'm fucking awesome! What did I do to you?"*

Arms folded across your chest.

Eyes darting around. Rubbing the back of your neck or head in nervousness.

Strained facial muscles. A feigned smile.

Shifting back and forth in position.

• Why People "Defend"

People become defensive because they aren't confident in their own decisions, and they don't believe in who they are. They feel guilty, ashamed, and timid about their choices. They question their sense of self. A defensive man is not an immovable mountain. Instead, they are an ungrounded castle, built upon pillars of sand, waiting to wither away and topple.

When you feel the urge to be defensive, you may believe what the other person (the female) says about you, and you must defend the validity of your inner sanctum from this attack. You question your internal beliefs, start to believe what the outsider is saying about you, and then you defend yourself to convince yourself of your own truth and beliefs. You feel that you are being personally attacked, and you are protecting your sense of self. Terrible, ain't it?

Even worse, some people experience the urge to be defensive when an attack isn't even intended! This is the result of upbringing, and unconfidence - perhaps policing parents who harassed their child, leading to a grown man becoming defensive and confrontational when a woman asks "Hey honey, where were ya last night?" Maybe you were actually out there doing some shady shit, and your guilt about doing what you were accused of leads you to becoming defensive.

We want people to see us the way we see ourselves - or at least not see us negatively - and we spend immense time and energy debating and defending ourselves and our decisions to others, because we want them to approve of us, and to see us in the same light we grant ourselves. We try to convince them that their perceptions of us are flawed - or incorrect.

If you are unclear about who you are, you start to believe what other people tell you, and feel the need to defend yourself by resisting your accusers arguments and attempting to prove yourself - A fencer, ferociously swatting every potential stab away from themselves, when in reality they are an enigma that can be penetrated by sword without suffering so much as a puncture wound. Being defensive is unnecessary, and a foreign notion to a grounded and confident man.

• How "Defend" Punishes

Defensiveness validates accusations. It turns your vagina play toy into a threat - making a woman into an enemy by defending yourself from them. As the woman realizes they have gained the power to "get to you," and evoke feelings of defensiveness in their man, the Alpha-To-Beta shift begins in the sexual relationship.

By letting the sin of "Defend" pillage your conversation, you create an air of tension and social awkwardness. The girl will give you strange looks, and doubt your capabilities of authority and leadership as the captain of y'all's relationSHIP. This sin will arouse suspicion, and contempt in even the strongest of partner pairings.

Frequent defensiveness leads to women simultaneously shit-testing you more often, and distancing herself from you

as she starts to lose attraction.

Explain - The Second Horseman

If it's simple things that make people curious, or just conversational "stuff" in general, it's okay. Never explain the choices you've made, or the way you act and behave.

• What "Explain" Looks Like

Examples Are Italicized

"So, what are you looking for here on tinder?" --- *"I'm really trying to find the one, I've been looking around for a couple years and kinda had a dry spell. What about you? Oh she unmatched."*

"Why did you ask me out?" --- *"Well because you're reeeeeeally pretty and you're my oneitis so I figured, hewk, might as well give it a shot! Hey wait where are you going?"*

"Why don't you go make a move on her bro, c'mon?" --- *"What? Why should I? You know I'm shy bro, I haven't asked out a chick in like, 5 years, I'll look like an idiot!"*

"Why haven't you taken out the trash?" --- *"Because babe, it's hot outside, and I've been looking for my sandals, I'm going to get around to it."*

"Where did you put the car keys?" --- *"Well babe, I was in the shower, and then I went downstairs, and then I pet the dog, and now I can't find them!"*

"Why did you leave the TV on again?" --- *"Well, honey, I was downstairs, then I went to grab a beer, then I saw you laying on the bed and we got busy, then next thing I knew we fell asleep. I hope you understand why I left the TV on now."*

I did this, this, and that, what do you think?

I did this this and that, did I do a good job?

Puppy dog eyes, eager for direction and approval.

Numale soy grin.

• Why People "Explain"

Humans have a need to be understood. Many men have made the mistake of continuously giving a woman one more bit of info, so they'd just "get it."

This is because when it's a man to man conversation, explaining normally works - one friend explaining to another why they did what they did, that friend nodding and saying "Ahh," then moving on to talking about something else.

Then we go and try to explain ourselves to women - forgetting that they don't communicate through reasoning, and we don't explain ourselves to our subordinates. You put her into a position to judge you - like your mother would. That's right, you explain yourself to your girl because you want to get your surrogate-mother's approval.

Finally, people think aloud in a concealed attempt to convince themselves that their decision was the correct one - hoping that by explaining themselves to someone else, they can get reinforcement of their choices through another's approval. She isn't your mother, nor on a pedestal, so stop looking up to her. Make a statement and shut the hell up.

You don't have to justify a reason for every action you take. Let others make their assumptions. Your actions will speak for themselves.

• How "Explain" Punishes

Would you explain yourself to your 3 year old cousin, or daughter, or random snot-nosed kid on the street?

By committing the sin of explaining yourself to a woman, you instantly throw her into the role of authority. You give her the sub-communicative position of approving or disapproving your decision, and squander your credibility.

Even after hearing your well-thought out reasoning, women will still find a way to blame or chastise you. *"Well you shouldn't have lost your sandals in the first place!"* Explaining only welcomes drama into your life. Women will stand and stare, waiting for you to finish your explanation, then nod in approval or give you a verbal spanking like your mother would. Then they expect you to forever maintain this "bridge of open communication," with her, which really means they grow accustomed to you giving them status updates on your life, giving you shit if you ever stop seeking counsel with her, while they grow a side life of their own, in eager search of a new mystery.

The more you explain yourself to women, the more they will intentionally misconstrue your words and confuse themselves, because they want to keep the conversation going and eventually, as they grow bored, cause drama for your weak-ass. You're going to be hearing a lot of *"so, basically what you're saying is..."* until it leads up to yelling and arguing.

Excuse - The Third horseman

You know what you did, but you reject responsibility.

• What "Excuse" Looks Like

Examples Are Italicized

"Why were you late to our date today!" --- *"Babe, I was stuck in traffic, it wasn't my fault!"*

"Why don't you go flirt with that girl?" --- *"Psh, she's not my type, plus she's probably a slut anyways. And besides, I'd have to walk all the way over there. It's not worth it."*

"Okay, well why don't you go ask that girl out?" --- *"What? C'mon man, I'm not Red Pilled enough yet. Once I can squat 225, and I know all the iron laws by memory, then I'll ask her out. I'm just not ready yet!"*

"What! That girl is so your type!" --- *"Yeah well I don't feel like going over there man, my legs are numb! I had leg day today!"*

"Why didn't you try to close that sale?" --- *"Dude, you KNOW that guy wasn't going to close - I couldn't have changed it, guys like him never wanna buy."*

"Weren't you supposed to pick up the kids an hour ago?" --- *"I didn't do it on purpose, I just so much other stuff to do!"*

"Why did you jump off the cliff?" --- *"Everyone else was doing it!!"*

"Why did you cheat on me?" --- *"She made me do it!"*

"Why didn't you go to the gym today honey?" --- *"Ahhh babe you know how tired I get from work... then I gotta come home, take a shower, change my clothes, I'll go tomorrow - twice as hard."*

"Didn't you tell me you were a rich club owner with a fancy condo suite, wheres your nice car?" --- *"No no no babe, I said club PROMOTER... trust me the money is coming... I just uh... gotta cash in on a few investments first."*

"Why did you get fired from work?!" --- *"Jesus, I knew I shouldn't have worked with that BASTARD! This is all his fault! He's the cause of all this!"*

Frightened face.

Look of anguish, worry, possible sweating.

Sleight of hand misdirection equivalent to a top tier magician - anything to keep attention off oneself.

Avoidant eye contact, shrugging shoulders, high pitched voice.

Looking like a bitch for using a bitch's communication tactic.

- **Why People "Excuse"**

We make excuses when we want someone or something else to be responsible, rather than claiming that responsibility for ourselves. Often, it is to avoid uncomfortable feelings of overwhelming pressure - and a feeling of being attacked. They fear failure, and are deathly terrified of confronting failure. People will quickly shift the focus of the attack to someone or something external to feel a sense of relief, or absolution.

This is because they live inside of a victim-mentality - where they are a pawn in the game of life that other people take advantage of, or cosmic circumstances screw them over regularly.

Or, it's because they realize some people actually do have problems, and fake a "woe is me" attitude to weasel their way into sympathy, attention, and forgiveness. Another excuse maker's rationale is because they are just lazy. Their priorities are not aligned, and rather than accomplishing what needs to get done, they procrastinate and then blame their failures on the sky wizard.

- **How "Excuse" Punishes**

When you give a woman an excuse, you are subtextually screaming "I can't handle the responsibility! Please forgive me!" Essentially, you tell her that you're a child. Once that's been said, you surrender power and give her the opportunity to accept or reject your excuse.

Give excuses to anyone enough times, and they start to figure out your word means jack shit - that you are not reliable, untrustworthy, and ultimately full of shit. But this isn't just about other people - the sin of excusing ruins YOUR life. You lose your initiative, and let opportunity slip away.

Not only do you repulse the woman by putting her in a position of power over you - you also frustrate her with your inability to accept responsibility and lead. The woman will lose respect for you, and you can say goodbye to her tingles.

Rationalize - The Fourth horseman

The fucking hamster. The more you try to convince yourself of some bullshit, the more the hamster wheel spins.

- **What "Rationalize" Looks Like**

"Why haven't you paid the bills?" --- *"Well you see, I was going to pay the bills, but I was waiting for YOU to come home first! Yeah, that's it, totally not my laziness."*

"Are you available?" --- *"Ooh, I got my aunt coming over, then I gotta mow the lawn, then I gotta get ready for my dog's funeral, she was a shitzu, then I gotta do all sorts of things, I'm really busy I just can't make it!"*

"I thought you were going to quit shooting heroin!" --- *"Babe I couldn't do anything to stop it, my friend brought over the needle and it just happened!"*

"Why did you do that to me?" --- *"I wasn't trying to hurt you, I was just trying to teach you a lesson! Besides what I did is better than what I WOULD HAVE done."*

"So, did you get accepted into that college?" --- *"Nah, they rejected me, but honestly I didn't even like that school that much anyways. They were a backup plan."*

"You're such an idiot I'd never fuck you!" --- *"Oh there must be something wrong with me if my oneitis won't fuck with me what will I do!?"*

"So you smoke weed for the medical benefits?" --- "Yeah man, it like, cures seizures, and makes anorexia vanish, and it makes anxiety go away, not that I ever had any of those symptoms, but weed makes sure they never happen in the first place!"

Dazed look of confusion.

Genuine fireworks going off in one's eyes.

Breathing from mouth and gazing into the distance.

Shocked look on face. Open and surprised posture.

- **Why People "Rationalize "**

A person rationalizes AFTER the fact. A decision or choice is made, then the rationalizing happens afterwards.

This is because of a human need for consistency - we need to have things align in our lives, so if we've made a bad decision based on an emotional state of mind, we will rationalize why it was the right decision afterwards, to remain congruent and consistent with our beliefs.

People want to feel justified, and righteous of their decision, no matter how bad, in order to preserve internal integrity and outward appearances. This is the height of convincing oneself through mental gymnastics. Because you realize you made a bad decision, but are fearful of accepting responsibility and enduring the repercussions, so you choose to jump through flaming hoops to convince yourself of why you made the right decision.

As such, rationalization always comes from a SUBJECTIVE observation of a situation, giving the rationalizer the greatest opportunity to convince themselves of what-ever it may be.

It's used to create an active block against feelings of guilt, shame, and failure.

- **How "Rationalize" Punishes**

You will begin to rationalize the most self destructive and stupid behavior, once you let yourself stoop to that low.

In addition, people who rationalize the most have the most tedious, frustrating and unfulfilling lives. Because, although all their rationalizations do provide some emotional comfort, they also make them completely deluded when it comes to reality.

Essentially, you become a bitch, a woman - and unless the girl you're fucking is Bi or a lesbian, she's gonna see you as less of a man and lose attraction and respect for you.

Now, you are aware of the four horsemen.

With that knowledge, you may reclaim your power.

A great power, one that only Red Pilled men can wield - to call upon the Argument Archangels and DARE your woman!

DARE them with fervent might, and reap the valuable rewards.

Deflect, Amusedly Agree And Absurdly Amplify, Repeat, Exit...

The four saviors of amending arguments.

Deflect - The First Archangel

The Pressure Flip.

• What "Deflect" Looks Like

Examples Are Italicized

"You're just another fuccboi, aren't you?" --- *"Why? Is that what you like?"*

"No, they always find me, but I hate them." --- *"I bet you're filled with hatred."*

"What the hell, why would you say that?" --- *"Black nails, that little choker... tell me, on average, how many times a day do you just wanna scream 'Fuck these niggas!' huh?"*

"OMG, that's how I feel at work EVERY DAY." --- *"Yeah I bet, tell me more about that..."*

"Why aren't the dishes done?" --- *"Cus you're not in the kitchen babe."*

"What?" --- *"You heard me, go take care of it."* --- "Okay, yes sir."

"I have a boyfriend," --- *Completely ignore what she said and continue talking.*

"ARGHH OH MY GOD IM GOING TO BE LATE WHY DID YOU WAKE UP SO LATE!!" --- *"Uh uh, you know it's not really my fault, that idiot in front decided today was a good day to crash. Now if YOU wanna get out MY car and walk, that's fine, but you're not going to take it out on me. Don't do that again."*

"ARRRGH, you're right... I'm sorry daddy... BUT FUCK THAT GUY."

"Why are you wearing that color?" --- *"Why aren't you?"*

"I bet you miss me, don't you!" --- *"Just your ass."*

"Cus I have good tastes in clothing." --- *"Oh, here I was thinking your mother dressed you up."*

"Damnit, why haven't you taken out the trash?" --- *"Oh I will, just turn around for a second... -smack her ass and scooch her out the door.- You got it babe!"*

"I want cookies and milk!" --- *"You're a little baby." -Then give her a kiss.-*

"You're kinda overweight, dont you think?" --- *"Kinda reminds me of this story when I had an overweight luggage, they made me throw away 16 kilos of coke! I was sooo devastated."*

"Wait, what the fuck? HAH! No but really you're kinda fat." --- *"And you remind me of my needy little sister."*

Simply changing the subject.

• Why People "Deflect"

Red Pilled Men deflect / pressure flip because they understand women. Engaging in argument is a blue-pilled fools game to lose.

Deflecting what a women says is effective because it demonstrates that you are unphased by her whimsical non-sense, letting her teases and chastizings ricochet off you and bounce back to her. That's the second reason why you want to deflect, to give it right back to her in her cooter.

She won't be prepared for it more than 2 or 3 deflections. You want to keep going until you catch her off guard and make her stumble over her words.

• How "Deflect" Rewards

Once the girl starts struggling over her words - you have demonstrated your social superiority and have shown that you are on a higher level than her, as her critiques or quips are completely meaningless - I.E. she has no power over you.

This will generate a fun and positive experience and interaction, in addition to generating arousal through small conflict. Finally, deflection keeps the attention off you and places it on where you want it.

Amusedly Agree And Absurdly Amplify - The Second Archangel

Yeah, so what?

- **What "Amusedly Agree And Absurdly Amplify" Looks Like**

Examples Are Italicized

"You're really short," --- *"What is it about short guys that turns you on so much?"*

"I have a boyfriend," --- *"I have a girlfriend, lets set them up and run away together. I just wonder who'd get the better deal..."*

"Have you always been stupid?" --- *"That's too hard for me to think about."*

"I feel like I'm being replaced." --- *"Nonsense, you'll always have a top tier spot on my harem."*

"You really need a haircut." --- *"What the fuck? I'm bald! I've worn a wig this whole time. Come here pull it off."*

"WHAT! No. I can't be with a bald guy... wait.. it's not coming off." --- *"I knew you liked my hair, can't keep your hands off it."*

"Awh, look at you trying to act all dominate," --- *"Yeah, and look at you trying to hide that ass," -Smack her ass-*

"Jesus christ you're tall, hows the weather up there?" --- *"I don't know, how bout you check the thermometer." -point at your dick.*

"Are you just going to do nothing all day?" --- *"Fuck yeah I am, if I work hard enough, I can keep this up for a full year!"*

"You're such an asshole!" --- *"Yeah I am, so what? Got little dingle berries hanging from the whiskers in my beard."*

*Taking what a woman says, then agreeing with it and exaggerating it to clown level proportions.

- **Why People "Amusedly Agree And Absurdly Amplify"**

The point is, everything this woman has to say is all just a big joke. You're laughing and she's laughing. That's when you've got her. You've taken her negativity and turned it positive. It turns any negative comment into a game where you see how far you can keep going and making it over the top where you're basically making fun of her for saying something stupid or uncalled for.

At the very least, you agree with what they say, and it removes all power from their words. Yeah, you're a Red Pilled asshole, so what?

It shows indifference and it gives no power to accusations that are made against you.

- **How "Amusedly Agree And Absurdly Amplify" Rewards**

AAAAA leads to a solid foundation of cocky, confident frame. This signals to women that you are comfortable in who you are, that you don't give a fuck, and that you can handle social stress, all of which are subtle bumps to your SMV.

What you are saying under the surface of your witty banter is, "Don't ask me stupid probing questions. I will not dignify them with a real response."

This is the key to passing a shit test.

AAAAA responses allow you to maintain the cocky/funny frame, and gives her the freedom to fall into your frame that you are the indestructible mountain of masculine energy, safely knowing her emotional winds can't sway you any which way, nor bring you down.

That is one feeling that makes her wet.

Repeat - *The Third Archangel*

Say That One More Time!

- **What "Repeat" Looks Like**

Examples Are Italicized

"Where are we going out again?" --- *"You'll know when I'm ready."*

"What? Just tell me!" --- *"I will, when it's time."*

"C'mon! What if I don't like the place we're going!" --- *"That's possible, looks like we'll find out!"*

"Argh! I'm gonna go get ready."

- **Why People "Repeat"**

Because you do not have to explain yourself, nor should you do it - especially to your subordinates. They need to trust your leadership and take solace in knowing that you have accepted the responsibility of making the decisions.

Explaining yourself becomes annoying, and so does answering the infinite questions of childr- I mean woman. It is better to firmly repeat yourself until they get the picture.

- **How "Repeat" Rewards**

Repeating yourself is a subtle and effective way to establish a frame of "I am in command of this ship. Trust me." Remember, women WILL leave you if they believe you are not fit for their following. Give her the opportunity to trust you, and surrender fully to your leadership.

Once she does, you will have her unending admiration.

Exit - *The Fourth Archangel*

- **What "Exit" Looks Like**

Examples Are Italicized

"(Insert some dumb womanese here.)" --- *You leave the room and engage in another activity.*

"(She follows you into the room and says some more annoying shit.)" --- *You continue whatever you were doing, effectively ignoring her.*

- **Why People "Exit "**

There are two ways to exit.

You can exit mentally, or physically. Silence is mental, leaving is physical.

The most important reasons for exiting is for your own peace of mind, and mastery over your time. With over 100 million women in my country alone, no one woman is worth giving me any drama, stress, or annoyance greater than a tooth scraping against my dick. Even that is nearly a deal breaker.

Your life, at best, will last around 100 years. Now imagine how much of that time was already spent arguing, bickering, stressing over absolute bullshit that you could have applied towards more rewarding avenues of action?

All that wasted energy, wasted time, screaming about why ogling what a woman wears is misogynistic. Who gives a fuck? What does it matter, and more importantly, is this conversation worth the negativity and drama you're experiencing? HELL NO! And odds are, NO conversations with women are worth those depressive states.

Not only that, but exiting the conversation, whether mental or physical, keeps the power seated firmly inside your ballsack. YOU'RE the one who decides when shit starts or ends. YOU determine the rules of conversing, and YOU conclude what is worth discussing or not.

The last bastion of power is the willingness to walk away.

- **How "Exit" Rewards**

Freedom.

And she'll probably come crawling back to you too. Maybe Even An apology blowjob.

Conclusion

Women in their happiest, most content state, are pee-pee poo-poo immature children who just want to be cute, adorable, and have fun.

You do not argue with a child.

The only way to win an argument with a woman is to CHANGE HER MOOD - NOT HER MIND.

Women do NOT look to you for explanations - like they are your leader.

Women do NOT look to you for reasoning - like they are your partner.

Women DO look to you for feelings, guidance, and leadership - like they are your follower.

Care for your woman, and you will find they behave similarly to a bubbly child - excited for fun and adventure.

When your baby daughter, young niece, or the baby next door calls you a poopey-face stupid-head, do you...

(Defend) You're not allowed to say that to me! Respect your elders! (Excuse) Besides I'm not one anyways. The real pooppy faces live in Denver, so that's why I'm not one. (Explain) Do YOU even know what a pooppy face REALLY is? A pooppy face is... (Rationalize) I hope you learned your lesson - If someone raised you better, then you'd know not to say mean things to people!

OR DO YOU

(Deflect) No, but you have a pooppy face right on your NOSE! (Agree And Amusedly Amplify) Now we both have pooppy faces, only mine is bigger, so mine is a better pooppy face. (Repeat) No, my pooppy face is better. No, mine is better! Nope, you said I'm a pooppy face, so mine is better! (Exit) You wanna be a pooppy face too

now? Okay fine now you are one, now give daddy and kiss on the cheek and run along to your room.

In a healthy sexual relationship, the submissive feminine women is subordinate to a competent, masculine male.

You, as the man, are the captain of the ship, and she is your trustworthy first-mate.

You were given the responsibility of being the ever knowing, omnipresent manifestation of masculinity, and she is the flowery child, impulsive, curious, emotional, and silly, but most of all, eager for definitive direction from a strong authority figure.

If at any point these roles switch, there will be hell to pay.

Ensure you remain the confident captain of your relationship by remembering to never DEER, and always DARE the woman you're with.

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UPVOTES

I NEVER Thank my women

28 May 2018 · /r/TheRedPill · Archived copy · Reddit

Back in my early blue pill days, whenever I gave my girl ^{^[1]} a task and she completed it, I would tell her something like *"thank you so much baby you're the best!"*

At the most, she would give me a look where her eyes slightly squinted, slight crow's feet forming at the edges of her eyes, and her mouth would morph into strange smile. I suppose that was her showing appreciation.

Normally, however, her face would simply be normal, with the casual *"you're welcome babe,"* being said in response.

To me, that sounds oddly similar to the way a child thanks his mother... *"thank you so much Mommy you're the best."*

I'll be honest, I don't know when the switch happened, but now whenever I give my girl task to complete and she gets it done, I tell her something like this:

"Good job baby!"

"Great job babe."

"Thatta girl!" Usually, I'll throw in a little head rub or a smack on the big butt.

When my girl turns around to face me she has that tranquil look where even her eyes are smiling at me. If it's not that look she's giving me, it's a soft eyed smirk where you just know she feels content.

Girls are our little ones, and they look up to us. We call them "baby" for a reason.

I've been doing this with my current girl for about 4 months and she's never once brought up feeling thankless or unappreciated. In fact she's said how happy it makes her to help me out, or do something for me. *"You're welcome daddy!"* she says.

In my experience, this has established a concrete frame where she is eager to accomplish any mission I give her, compared to the "doing a favor" frame that saying "thank you" creates. She also seems happier to do things for me, enjoying the affection and asking for more, *"I want a hug too!"*

This is a subtle, simple, and effective frame shifting tool. Try it, You may find you have a secret agent on your hands who loves accomplishing the missions you give her, and making you proud.

^{^[1]} ^Disclaimer ^for ^the ^literal ^sperges ^obviously ^she's ^not ^your ^girl ^it's ^just ^your ^turn ^and ^all ^that ^Redpilled ^good ^stuff ^by ^your ^girl ^I ^mean ^the ^girl ^you ^are ^currently ^hanging ^with ^or ^currently ^fucking ^but ^I ^guess ^little ^Spergers ^wouldn't ^know ^about ^that ", "selftext_html": "

Back in my early blue pill days, whenever I gave my girl ^{^[1]} a task and she completed it, I would tell her something like *"thank you so much baby you're the best!"*

At the most, she would give me a look where her eyes slightly squinted, slight crow's feet forming at the edges of her eyes, and her mouth would morph into strange smile. I suppose that was her showing appreciation.

Normally, however, her face would simply be normal, with the casual *"you're welcome babe,"* being said in response.

To me, that sounds oddly similar to the way a child thanks his mother... *"thank you so much Mommy you're the best."*

I'll be honest, I don't know when the switch happened, but now whenever I give my girl task to complete and she gets it done, I tell her something like this:

"Good job baby!"

"Great job babe."

"Thatta girl!" Usually, I'll throw in a little head rub or a smack on the big butt.

When my girl turns around to face me she has that tranquil look where even her eyes are smiling at me. If it's not that look she's giving me, it's a soft eyed smirk where you just know she feels content.

Girls are our little ones, and they look up to us. We call them "baby" for a reason.

I've been doing this with my current girl for about 4 months and she's never once brought up feeling thankless or unappreciated. In fact she's said how happy it makes her to help me out, or do something for me. *"You're welcome daddy!"* she says.

In my experience, this has established a concrete frame where she is eager to accomplish any mission I give her, compared to the "doing a favor" frame that saying "thank you" creates. She also seems happier to do things for me, enjoying the affection and asking for more, *"I want a hug too!"*

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